



PILATES REFORMER CLASS SCHEDULE

Pre-registration is required for all classes. ▶ denotes a virtual class.
Schedule is subject to change.

Monday	10:30am 11:30am 6:30pm 7:30pm	Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class	Nadene Nadene Jenny Jenny
Tuesday	10:30am	Pilates Reformer Group Class	Marcy
Wednesday	9:30am 10:30am 6:30pm	Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class	Nadene Rachel Nadene
Thursday	7:30am 9:30am	Pilates Reformer Group Class Pilates Reformer Group Class	Rachel Ericka
Friday	8:30am 9:30am 11:30am	▶Virtual Foam Roller Pilates Reformer Group Class ▶Virtual Mat Pilates	Rachel Ericka Rachel
Saturday	9:30am 10:30am	Pilates Reformer Group Class Pilates Reformer Group Class	Ericka Jenny



Booking made simple.

Download the **MINDBODY** App to easily check our schedule and book your next class!



Pilates Class Policies:

Our studio reserves the right to change/cancel class. Minimum class size is 2; maximum for Reformer is 6 and 9 for PSM. Client cancellations with less than 24 hrs notice will be charged for the missed class.



PILATES REFORMER CLASSES

Build stronger, leaner muscles and tone your core with Pilates Reformer!



GET STARTED * Special

Includes:

- 60-min. Private Session
- 3 Pilates Reformer Classes

*For new Reformer clients. Limit one.

\$99

Pilates Reformer Class Pricing

1 Class	\$30
4 Pack	\$99
8 Pack	\$199

27 Classes/\$320 month: Ask about our Premium Pkg!