

2023 Class Schedule

Effective January 1st, 2023



*Class Times are Subject to Change

f/IMAWaunakee
217 S Century Ave (Waunakee Village Mall)

	MON	TUES	WED	THURS	SAT
Little Ninjas (Ages 4 & 5)	4:45 - 5:15	-	4:45 - 5:15	-	10:45 - 11:15
KinderKickers (Ages 6 & 7)	-	4:45 - 5:15	-	5:00 - 5:30	11:15 - 11:45
Level 1 (White, Gold, Gold Leader)	5:30 - 6:00 BBT 6:00 - 6:15	-	5:30 - 6:00 BBT 6:00 - 6:15	-	12:00 - 12:30
Level 2 (Orange, Green, Green Leader)	5:30 - 6:00 BBT 6:00 - 6:15	-	5:30 - 6:00 BBT 6:00 - 6:15	-	12:00 - 12:30
Level 3 (Purple, Blue, Blue Leader)	6:15 - 6:45 BBT 6:45 - 7:00	-	6:15 - 6:45 BBT 6:45 - 7:00	-	1:15 - 1:45
Level 4 (Red, Red Ldr, Brown, Brown Ldr)	-	5:45 - 6:15 BBT 6:15 - 6:45	-	5:30 - 6:15 BBT 6:15 - 6:30	1:15 - 1:45
Teens/Adults (Ages 15+)	7:00 - 7:45 Adult BBT 7:45 - 8:15	7:30 - 8:15 Adult BBT 8:15 - 8:30	7:15 - 8:00 Adult BBT 8:00 - 8:15	-	10:00 - 10:45
Hyper Tricks	-	5:15 - 5:45	-	-	12:30 - 1:00
Masters Team	-	6:45 - 7:30	-	7:00 - 7:45	-
Sparring				6:30 - 7:00 & 7:45 - 8:30	2:00 - 2:45
KickFit	Tuesdays & Fridays - 12:00 pm - 12:45pm & Saturdays - 9:00am - 9:45am				

Introductory Lessons for new students, Private Lessons, and Upgrade Meetings for existing students are available with the instructor by appointment only, and subject to their availability.