

# DTA NEWSLETTER

- December 2022 -

Your Guide to This Testing Cycle & Upcoming Events



## CLASS

### SCHEDULE

EFFECTIVE 12/14 - 2/10

You need to **CHECK IN** when you come to class. Your goal is to come to class 2-3 times a week, but you can come as much as you want or need. Remember that you have access to online materials to help you practice at home, if needed. But regular practice is super important.

**\*If we are going to cancel due to weather or other emergency, we will email by 30min before a class starts.**

**\*\*\*PARENTS** - Please help us by not hanging out by the cubbies. This area is for students only, and can get crowded during the class switch. In fact, it can be helpful if you clear the lobby a few minutes before class is over, and wait outside for your child. If you need something at the counter, during class can be the least hectic time for us to help you. You can also contact us outside of class, so we can have things ready for you when you come.\*\*\*

**LOBBY NOISE** - It's important that students are able to stay focused on the floor. Yelling onto the floor is not allowed, for any reason. In addition, lobby noise and distractions need kept to a minimum. We want parents and family to be able to come in and watch class, but please be aware of how many family members are coming in, and the crowd in general.

<b>KNUCKLEHEADS [ 3 - 5 year olds ] (30 min)</b>						
RANK	Mon	Tues	Wed	Thurs	Fri	Sat
White - Red KNUCKLE	5:00pm	5:30pm	4:30pm	5:30pm	5:00pm	9:00am
BLACK BELT KNUCKLE (Sr. White)	5:30pm	6:00pm	5:00pm	6:00pm	5:30pm	9:30am
<b>KIDS [ 6-11 year olds ] (30 min)</b>						
RANK	Mon	Tues	Wed	Thurs	Fri	Sat
White, Yellow, & Orange	5:30pm	6:00pm	5:00pm	6:00pm	5:30pm	9:30am
Green, Purple, & Blue	6:15pm	5:00pm	5:45pm	5:00pm	6:15pm	10:15am
Brown, Red, & Black	6:15pm <i>Break After</i>	5:00pm <i>Break Before</i>	5:45pm <i>Break After</i>	5:00pm <i>Break Before</i>	6:15pm <i>Break After</i>	10:15am <i>Break After</i>
<b>TEENS [ 12-15 year olds ] / ADULTS [16+] (45 min)</b>						
TIME	Mon	Tues	Wed	Thurs	Fri	Sat
<b>DAY (all)</b>						11:00am
<b>NIGHT</b>	7:00pm COLOR BELTS	6:45pm ADULTS ONLY 7:30pm TEENS ONLY	7:00pm (30min) TEENS *all ranks* 8:00pm (30min) ADULTS	6:45pm ADULTS ONLY 7:30pm TEENS ONLY	7:00pm EVERYBODY	
<b>SPECIAL</b>	7:45pm BLACK BELTS [1 hour]		7:30pm FIGHT CLUB			

## UPCOMING TESTING DATES & TIMES

**Next Testing is February 11th.** Testing will be at Nicholson Christian Church, and we will have a guest and demos as well. Make note of the schedule and time below.

**\*\*\* REGISTER BY 2/4 \*\*\***

→ NO REGULAR CLASSES 2/10 - 2/14 ←

Friday February 10th @ DTA

Regular Classes

**5:00pm** Knuckleheads

**5:30pm** ALL White & Yellow Belts

**CLINICS w/GUEST**

**6:15pm** Orange & above JRs [30-45min]

**7:00pm** Orange & above Teen/Adults [45-60min]

**Saturday February 11th @ NICHOLSON CHRISTIAN CHURCH**

*\*Full Uniform + Gear (Orange & above)\**

**9:00am** Instructor Tests + Knuckleheads → Demo by Level 1/2 DTA Instructor by 9:30am

**9:45am** White, Yellow, & Orange Belts JRs → Demo by Level 3/4 DTA Instructor by 10:30am

**10:45am** ALL TEENS & ADULTS → Demo by **SPECIAL GUEST** by 11:45am \*\*arrive by 11:30\*\*

**NOON** Green Belts & above JRs (this test will take a little over an hour) **\*COME EARLY FOR GUEST DEMO\***

**\*\*\*WEEK AFTER TESTING\*\*\***

CLOSED on Monday February 13th for Testing Results

**Awards** on Tuesday February 14th - 6:30pm **\*St. Cecilia Undercroft\***

*Theme - Red & Pink + Hearts!*

**NEW SCHEDULE STARTS** on Wednesday February 15th!!!



# \*\*\*UPCOMING EVENTS\*\*\*

**BLUEGRASS TAEKWONDO ACADEMY!!!** We are sad that Mr. Z is leaving, but couldn't be happier about this exciting new chapter for him. He won't be far away, and you'll continue to see him at events and special workouts. And since he's close, you'll be able to visit his spot for the occasional workout as well. Like his page on Facebook and help us spread the word to anyone you know in Alexandria and the surrounding area. He will be open for some pre-sales before the holidays starting 12/16, but will officially open on January 2nd. You can stop by December 17th from 1-4pm : )

**JANUARY NATIONALS - Orlando, FL . . .** The tournament will be on January 27th and 28th. This should be a fun event, at a great destination, and a fantastic hotel. We have several people testing for high rank, including Mr. Ziegelmeyer who is testing for his 5th Degree, and Emily Girard who is testing for 4th Degree (you can order her shirt to support her). The T-Shirt Deadline is January 6th, and you need to be registered for the tournament by the 19th. But you need to make reservations now, and if you sign up before the holidays, you'll get to add the board breaking competition for nothing. And keep in mind, that if you can't go to the tournament, you can do the board breaking only competition at the school on January 14th!

**Tournament Clinics** (must be registered to attend) *\*Clinic Times Given when Registered\**

Board Breaking Clinics on 12/17 *\*You can do Board Breaking ONLY for \$50\**

*\*Board Breaks to be done Jan 14th at DTA (must be completed by Jan 18th)\**

Forms Clinics on Jan 7th

**Tournament Questions on Jan 18th**

One-Steps & Sparring Clinics on Jan 21st

## DATES CLOSED

- January 25th - 28th (Nationals)

- Feb 11th thru 14th for Testing & Awards

## HOLIDAYS

- Christmas (Dec 23rd thru Jan 1st)

## PLANNING AHEAD

Buddy Days 12/14 thru 12/22 . . . your buddies come to your class with you!

*\*GREAT TIME TO SEE IF THEY MIGHT LIKE ONE OF THOSE TKD GIFT BOXES!*

**EVIL WOOD DAY - 12/17**

[11:45am for Teens/Adults/Black Belt Jrs \$30 for 6 boards & 12:15 for Purple-Red Belts Jrs \$20 for 5 boards]

**NO CHANGES** - A clinic to help you get on track for next time. **Wed 12/21 6:30pm [30min]**

January 2nd - DTA TURNS 15!

More Buddy Days . . . 1/2 thru 1/7 . . . your friends and family can come to class with you!

*\*THEY MAY WANT TO TAKE ADVANTAGE OF OUR NEW YEARS DEAL!*

**GEAR CLINIC - Wed 1/5 @ 5:30pm (Or Jrs) & 6:45pm (Or T/A)**

January Nationals - Orlando, FL The Caribe Royal 1/27-28 *\*registration at the counter\**

**March Regionals - Cincinnati, OH MARCH 18th!!!**

Skills Day - May 20th???

MASTER EXPERIENCE - May 26th thru 28th

SUMMER CAMP - July 21st thru 23rd???

September Nationals - Dallas, TX on the 22nd and 23rd

**PICTURE DAY - OCT 21st**

Trunk or Treat Party - October 29th

WINTER CAMP - not set yet . . . but should be the first or second weekend of November

November Regionals - NOV 18th - Location TBD

Skating Party - December 11th

**FUTURE TESTING WEEKENDS - 2023 dates - 4/1, 6/10, 8/12, 10/7, 12/9**

**"On your left!" - one of Mr. Z's favorite quotes from Captain America**

## SOCIALS

**DTA's 15th Birthday is January 2nd . . .** so you don't want to miss classes that day! Lots of treats and games . . . and hopefully new friends too!!!

ALSO - Mark your calendars for February 18th - Mr. Z will be doing a **Grand Opening** for Bluegrass Taekwondo Academy, and we'll want to stop by to help him celebrate.