

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Adult Kick Boxing</b>	9:15 - 10am	6:30 - 7:30pm <i>Self Defense</i>	9:15 - 10am	6:30 - 7:30pm <i>Self Defense</i>	9:15 - 10am	9:15 - 10:00am
<b>Little Warriors Ages 3 - 4</b>	4:00 - 4:45pm	3:30 - 4:00pm	4:00 - 4:45pm	3:30 - 4:00pm	3:30 - 4:00pm <i>Jr. Acrobatics BBC</i>	10:00 - 10:30am
<b>Beginners Ages 4 - 6</b>	3:30 - 4:00pm		3:30 - 4:00pm			
<b>Jr. Defenders Ages 5 - 7</b>	4:45 - 5:30pm	4:00 - 4:45pm	4:45 - 5:30pm	4:00 - 4:45pm		10:45 - 11:30am
<b>Mighty Warriors Ages 8 &amp; Up</b>	5:30 - 6:15pm	4:45 - 5:30pm	5:30 - 6:15pm	4:45 - 5:30pm		11:30 - 12:15pm
<b>Teens/Adults Ages 13 &amp; Up</b>		5:30 - 6:15pm		5:30 - 6:15pm		
<b>Adult BJJ</b>	6:30 - 7:30pm <i>Gi Fundamentals</i>	7:30 - 8:30pm <i>Gi</i>	6:30 - 7:30pm <i>No Gi</i>	7:30 - 8:30pm <i>Gi</i>		1:00 - 2:30pm <i>No Gi</i>
<b>Adult Muay Thai</b>	7:30 - 8:30pm		7:30 - 8:30pm			
<b>Leadership</b>					4:00 - 4:45pm	
<b>Black Belt Club</b>					4:45 - 5:30pm <i>Acrobatics/Tricking</i>  5:30 - 6:15pm <i>Weapons</i>	12:15 - 1:00pm