



Class Schedule Summer 2022



Monday	Tuesday	Wednesday	Thursday	Friday
Private Lessons By Appointment Only 2pm-4pm		Private Lessons By Appointment Only 2pm-4pm		Private Lessons By Appointment Only 2pm-4pm
Superheroes 4:30pm – 4:55pm	Private Lessons By Appointment Only 4:30-5pm	Superheroes 4:30pm – 4:55pm	Private Lessons By Appointment Only 4:30-5pm	Superheroes 4:30pm – 4:55pm
Junior Beginners White - Sr. Orange 5:00pm – 5:30pm	Junior Intermediate/Advanced Green Belt and Above 5:00pm – 5:45pm	Junior Beginners White - Sr. Orange 5:00pm – 5:30pm	Junior Intermediate/Advanced Green Belt and Above 5:00pm – 5:45pm	Junior Beginners White - Sr. Orange 5:00pm – 5:30pm
Junior Intermediate Green Belt - Sr. Red 5:30pm – 6:15pm	Junior Beginners White-Sr. Orange 6:00pm-6:45pm	Junior Intermediate Green Belt - Sr. Red 5:30pm – 6:15pm	Junior Beginners White-Sr. Orange 6:00pm-6:45pm	Junior Intermediate/Advanced Green Belt and Above 5:30pm – 6:15pm
All Ages Black Belt 6:15pm – 7:00pm	Demo Team/Self Defense 6:45pm – 7:30pm	All Ages Black Belt 6:15pm – 7:00pm	Lead Team 6:45pm – 7:30pm	All Ages Black Belt 6:15pm – 7:00pm
Teen/Adult White-Sr. Orange 7:00pm – 7:30pm	Teen/Adult All Ranks 7:30pm – 8:30pm	Teen/Adult White-Sr. Orange 7:00pm – 7:30pm	Teen/Adult All Ranks 7:30pm – 8:30pm	Teen/Adult White-Sr. Orange 7:00pm – 7:30pm
Teen/Adult Green Belt and Above 7:30pm – 8:30pm		Teen/Adult Green Belt and Above 7:30pm – 8:30pm		Teen/Adult Green Belt and Above 7:30pm – 8:30pm

Superhero Program: Ages 3-6 Junior Program: Ages 6-12 Teen Program: 13-18 Adults Program: Age 18 & Over