



SUMMER CLASS SCHEDULE



**HENDERSONVILLE
MARTIAL ARTS**
www.hvillema.com
615-265-8544

KIDS MARTIAL ARTS

ADULT SELF DEFENSE

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LITTLE DRAGONS (ages 5 - 7)	4:30 pm - 5:00 pm	9:30 am - 10:00 am 5:45 pm - 6:15 pm	4:30 pm - 5:00 pm	9:30 am - 10:00 am 5:45 pm - 6:15 pm		
KARATE KIDS (ages 8 - 13)	5: 15 pm - 6:00 pm	10:15 am - 11:00 am 6:30 pm - 7:15 pm	5: 15 pm - 6:00 pm	10:15 am - 11:00 am 6:30 pm - 7:15 pm		
BBT DRAGONS (advanced ages 5 - 7)	4:30 pm - 5:00 pm	9:30 am - 10:00 am 5:45 pm - 6:15 pm	4:30 pm - 5:00 pm	9:30 am - 10:00 am 5:45 pm - 6:15 pm		
BBT KIDS 1 (Intermediate 8 - 13)	5:15 pm - 6:00 pm	10:15 am - 11:00 am 6:30 pm - 7:15 pm	5:15 pm - 6:00 pm	10:15 am - 11:00 am 6:30 pm - 7:15 pm		
BBT KIDS 2 (Brown II & Up 8 - 13)	6:30 pm - 7:15 pm	11:15 am - 12:00 pm 4:30 pm - 5:15 pm	6:30 pm - 7:15 pm	11:15 am - 12:00 pm 4:30 pm - 5:15 pm		
JR. BLACK BELTS	6:30 pm - 7:15 pm	11:15 am - 12:00 pm 4:30 pm - 5:15 pm	6:30 pm - 7:15 pm	11:15 am - 12:00 pm 4:30 pm—5:15 pm		
KRAV MAGA BASIC (Teens & Adults)	12:00 pm - 1:00 pm 7:15 pm - 8:15 pm	8:15 pm - 9:15 pm	12:00 pm - 1:00 pm 7:15 pm - 8:15 pm	8:15 pm - 9:00 pm		9:00 am - 10:00 am
BBT1 KRAV MAGA (Purple Belt - Brown Belt Teens & Adults)	12:00 pm - 1:00 pm 8:15 pm - 9:15 pm	7:15 pm - 8:15 pm	12:00 pm - 1:00 pm 8:15 pm - 9:15 pm	7:15 pm - 8:00 pm		9:00 am - 10:00 am
BBT2 Krav Maga (Brown2 & Up Teens & Adults)	12:00 pm - 1:00 pm 8:15 pm - 9:15 pm	7:15 pm - 8:15 pm	12:00 pm - 1:00 pm 8:15 pm - 9:15 pm	7:15 pm - 8:00 pm		9:00 am - 10:00 am

NOTE: This schedule will be effective May 31st, 2022. Fridays will be reserved for special events like Parents Night Outs, staff training, Seminars, etc. There will be no regular Kids classes on Saturdays for the Summer Schedule during June and July.