



# CLASS SCHEDULE

**HENDERSONVILLE  
MARTIAL ARTS**  
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## KIDS MARTIAL ARTS

## ADULT SELF DEFENSE

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>LITTLE DRAGONS</b> (ages 5 - 7)	4:30 pm - 5:00 pm	5:45 pm - 6:15 pm	4:30 pm - 5:00 pm	5:45 pm - 6:15 pm		10:00 am - 10:30 am
<b>KARATE KIDS</b> (ages 8 - 13)	5: 15 pm - 5:45 pm	6:30 pm - 7:00 pm	5: 15 pm - 5:45 pm	6:30 pm - 7:00 pm		10:45 am - 11:15 am
<b>BBT DRAGONS</b> (advanced ages 5 - 7)	6:00 pm - 6:30 pm	5:00 pm - 5:30 pm	6:00 pm - 6:30 pm	5:00 pm - 5:30 pm		10:45 am - 11:15 am
<b>BBT KIDS 1</b> (Intermediate 8 - 13)	6:00 pm - 6:30 pm	5:00 pm - 5:30 pm	6:00 pm - 6:30 pm	5:00 pm - 5:30 pm		10:45 am - 11:15 am
<b>BBT KIDS 2</b> (Brown II & Up 8 - 13)	6:30 pm - 7:00 pm	4:30 pm - 5:00 pm	6:30 pm - 7:00 pm	4:30 pm - 5:00 pm		11:30 am - 12:00 pm
<b>JR. BLACK BELTS</b>	6:30 pm - 7:00 pm	4:30 pm - 5:00 pm	6:30 pm - 7:00 pm	4:30 pm - 5:00 pm		11:30 am - 12:00 pm
<b>KRAV MAGA BASIC</b> (Teens & Adults)	12:00 pm - 1:00 pm 7:15 pm - 8:00 pm	8:15 pm - 9:00 pm	12:00 pm - 1:00 pm 7:15 pm - 8:00 pm	8:15 pm - 9:00 pm		9:00 am - 9:45 am
<b>BBT1 KRAV MAGA</b> (Purple Belt - Brown Belt Teens & Adults)	12:00 pm - 1:00 pm 8:15 pm - 9:00 pm	7:15 pm - 8:00 pm	12:00 pm - 1:00 pm 8:15 pm - 9:00 pm	7:15 pm - 8:00 pm		9:00 am - 9:45 am
<b>BBT2 Krav Maga</b> (Brown2 & Up Teens & Adults)	12:00 pm - 1:00 pm 8:15 pm - 9:00 pm	7:15 pm - 8:00 pm	12:00 pm - 1:00 pm 8:15 pm - 9:00 pm	7:15 pm - 8:00 pm		9:00 am - 9:45 am

**NOTE:** This schedule will be effective November 29th, 2021. Fridays will be reserved for special events like Parents Night Outs, Black Belt Boot Camps, Seminars, etc.