



**THE ACADEMY**  
Martial Arts Leadership

# FALL CLASS SCHEDULE

(Starts August 30th)

220 W. Northland Ave. Appleton, WI 54911

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Appleton's BEST Martial Arts, After School, and Summer Camp

*Pre-Scheduled Roster Classes	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Little Ninjas	5:30—6:00 PM	4:00—4:30 PM	5:30—6:00 PM	4:45—5:15 PM	4:00—4:30 PM	<i>*Reserved for Birthday Parties &amp; Special Training Workshops.</i>
Junior Achievers/BBT	4:45—5:15/5:30 PM	5:15—5:45/6:00 PM	6:00—6:30/6:45 PM	4:00—4:30/4:45 PM	4:30—5:00/5:15 PM	
Junior BBT 1	4:00—4:45 PM	6:00—6:45 PM	4:45—5:30 PM	6:30—7:15 PM	5:15—6:00 PM	
Junior BBT 2	6:00—6:45 PM	6:45—7:30 PM	4:00—4:45 PM	5:15—6:00 PM	6:00—6:45 PM	
Masters Team	6:45—7:30 PM	4:30—5:15 PM 7:30—8:15 PM	6:45—7:30 PM	7:15—8:00 PM	6:45—7:30 PM	
Leadership				6:00—6:30 PM		
Adult Basic/BBT/MT	7:30—8:15 PM		7:30—8:15 PM Sparring 8:15—8:45 PM			9:00—9:45 AM
Virtual Zoom Classes:			<i>ALL CLASSES this day are (Streamed on Zoom)</i>			

## CLASS DESCRIPTIONS:

Little Ninjas	Beginning Students 4-6 year olds
Junior Achievers/BBT	Beginning Students 7-12 year olds White, Gold and Orange Belts
Junior BBT 1	Advanced Students Green, Purple, Purple Stripe, Blue & Blue Stripe Belts
Junior BBT 2	Advanced Students Red, Red Stripe, Brown and Brown Stripe Belts
Masters Team	Junior and Teen Black Belt Students
Leadership	Developing physical and verbal skills of leaderships through martial arts
Adult Basic/BBT/MT	Adult & Teen Training Program

## **IMPORTANT CLASS DETAILS:**

- In-Person classes are Pre-Registered to limit class size.
  - Students are allowed to reserve TWO In-Person classes each week.
  - Register weekly for In-Person classes with easy scheduling at: <https://theacademyappleton.sparkuniversity.co/>
  - Reserve your class at the top right side of Spark University under “My Classes” or under the “blue header” on the Spark Member App.
- Need help booking In-Person classes or help with Spark University? Please let us know, we are here to help!*