



KRAV MAGA WORLDWIDE

7264 Fishers Crossing Drive
Fishers, IN 46038

INDY

KRAV MAGA... "a workout that
just might SAVE your LIFE"

(317) 595 - KRAV/ 5728

www.KRAVMAGAINDY.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 - 9:00 AM						RM1: GROUND
9:00 - 10:00 AM	LEVEL 2 & 3		LEVEL 3 & 4		BAG/FITNESS	L 2 & 3 / INTRO TO FIGHT
10:00 - 11:00 AM	LEVEL 1		LEVEL 1 & 2		LEVEL 1	RM1: BAG/FITNESS
						RM3: LEVEL 1
	<i>CLOSES MID DAY FROM 11:30- 4:00 PM</i>		<i>CLOSES MID DAY FROM 11:30- 4:00 PM</i>		<i>FRIDAY & SATURDAY</i>	RM2: YOUTH KMX *
11:00 - 11:45 AM					<i>CLOSES AT 12:00 PM</i>	RM3: KIDS KMX **
4:30 - 5:15 PM				(4:30 - 5:15)		
4:45 - 5:15 PM	KMX KIDS	KMX KIDS	KMX KIDS	KMX YOUTH LEVEL 1/2		
5:15 - 6:00 PM	KMX YOUTH LEVEL 1/2	KMX YOUTH LEVEL 1/2	KMX YOUTH ALL 1-4	KMX YOUTH LEVEL 3/4		
6:00 - 7:00 PM	RM1: LEVEL 2	KMX YOUTH LEVEL 3/4	RM1: LEVEL 4/5	RM1: KMX KIDS		
	RM3: LEVEL 1	BAG/FITNESS	RM3: LEVEL 1	RM3: LEVEL 1		
	<i>BRAZILIAN JIU-JITSU</i>		<i>BRAZILIAN JIU-JITSU</i>			<i>Corporate Team Building Law Enforcement Military Security Seminars Women's Self Defense</i>
7:00 - 8:00 PM	BAG/FITNESS	RM3: LEVEL 1	BAG/FITNESS	BAG/FITNESS		
	RM3: LEVEL 3	RM1: LEVEL 3	RM2: WEAPONS	RM3: LEVEL 2		
	RM1: LEVEL 4					
8:00 - 9:00 PM	RM3: LEVEL 1 & 2	RM3: LEVEL 2	RM3: LEVEL 2 & 3	RM3: LEVEL 1		<i>CALL TO SCHEDULE YOUR EVENT TODAY!</i>

Get In **SHAPE** &
Go Home **SAFE**

Youth KMX is for students 8 - 13 years of age only: **Class is 45 minutes in length** * Saturday's class is 60 minutes
Kids KMX ...is for students 5 - 7 years of age only: **Class is 30 minutes in length.** ** Saturday's class is 45 minutes
Adult classes are 1 hour in length. For ages 13 years & older.

All minors MUST have a waiver signed by a parent or guardian to participate
RM1-3 represent the Room number for classes
All classes and/or Instructors are subject to change

Get in **SHAPE** & Go Home **SAFE**
KRAV MAGA ... "Because you can't tap out on the street"