

PMA Program Schedule

Effective 7/5/2021

Monday

<i>Private Class</i>	3:20 – 3:50
<i>Little Rhinos</i>	4:00 – 4:30
<i>Leadership</i>	4:40 – 5:30
<i>Basic</i>	5:40 – 6:20
<i>Masters</i>	6:30 – 7:20
<i>Teen Adult</i>	7:30 – 8:20
<i>Private Class</i>	8:30 – 9:00

Wednesday

<i>Private Class</i>	3:20 – 3:50
<i>Basic</i>	4:00 – 4:40
<i>Leadership</i>	4:50 – 5:40
<i>Little Rhinos</i>	5:50 – 6:20
<i>Basic</i>	6:30 – 7:10
<i>Masters</i>	7:20 – 8:10
<i>Private Class</i>	8:20 – 8:50

PROGRAMS:

- ❑ **LITTLE RHINOS:** Ages 3 - 5
- ❑ **BASIC OPEN:** Ages 6 -12
- ❑ **TEEN / ADULT:** Ages 12 +
- ❑ **LEADERSHIP:** Invitation Only (Ages 6+)
- ❑ **MASTERS:** Invitation Only (Ages 6+)

Health Safety Info:

- 10 Students allowed per class.
- Students must register via our website for each class prior to attending. Please ask a staff members if you need assistance.
- Masks will be required for individuals who are not vaccinated. Vaccinated individuals do not need to wear a mask.
- Spectators will not be allowed. Does not apply for new students or students under the age of 5.

Tuesday

<i>Private Class</i>	3:20 – 3:50
<i>Basic</i>	4:00 – 4:40
<i>Masters</i>	4:50 – 5:40
<i>Little Rhinos</i>	5:50 – 6:20
<i>Basic</i>	6:30 – 7:10
<i>Teen / Adult</i>	7:20 – 8:10
<i>Private Class</i>	8:20 – 8:50

Thursday

<i>Private Class</i>	3:20 – 3:50
<i>Little Rhinos</i>	4:00 – 4:30
<i>Basic</i>	4:40 – 5:20
<i>Masters</i>	5:30 – 6:20
<i>Black Belt</i>	6:30 – 7:20
<i>Teen / Adult</i>	7:30 – 8:20
<i>Private Class</i>	8:30 – 9:00

Saturday

<i>Little Rhinos</i>	9:30 – 10:00
<i>Masters</i>	10:10 – 11:00
<i>Basic</i>	11:10 – 11:50
<i>Leadership</i>	12:00 – 12:50
<i>Teen / Adult</i>	1:00 – 1:50