



Tring Martial Arts Academy Timetable – w/c 19th April 2021

The Academy, Tring School & Zoom Class Times

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday
16:15 - 16:45		Kids 4-6 Physical	Kids 4-10 Zoom	Kids 4-10 Zoom	Kids 4-6 Physical	Kids 4-10 Zoom	09:00 – 09:45 Kids 6-12
17:00 - 17:45		Kids 6-10 Physical	Kids 4-10 Zoom	Kids 6-10 Physical	Kids 6-10 Physical	Kids 4-10 Zoom	10:00 – 10:45 Teens 13-17
18:00 - 18:45	TRING SCHOOL (18:15 – 19:00) All Ages 10+	Kids 10-12 Physical		TRING SCHOOL (18:15 – 19:00) All Ages 10+	Kids 10-12 Physical		11:00 – 11:45 ZOOM ONLY 10+ FMA
19:00 - 19:45	TRING SCHOOL (19:15 – 20:00) All Ages 10+	Teens 13-17 Physical		TRING SCHOOL (19:15 – 20:00) All Ages 10+	Teens 13-17 Physical		
20:00 - 20:45		ZOOM ONLY 10+ FMA			ZOOM ONLY 10+ FMA		

Until Social Distance Measures have been reduced or removed, we shall continue with our merged curriculum (all grades style) but we have provided classes for Kids aged 10 -12 following your requests. Zoom classes will remain a feature of our classes for some time to come however we anticipate that usage will reduce as more people return to the Academy for training. Prior Booking Is Essential!!

Covid Secure Rules for In Person Training at Tring Martial Arts Academy:

1. Class Pre-Booking Essential:
 - a. Kids 4-12 – 15 Spaces
 - b. Teens – 12 Spaces
 - c. Tring School – 25 spaces
2. Do not attend if you have any Covid Symptoms or have been directed to self-isolate.
3. Temperature Checks & Hand Sanitization Upon Entry.
4. One Way System Operates at the Academy – Entry Via Main Door, Exit Via Fire Exit. Parents Collect from Fire Exit.
5. Parking ONLY in Visitor Spaces or Street Parking – No Parking in the Courtyard under any circumstances EVEN if there is an empty space!
6. Prompt Arrival and Collection Appreciated – especially on Wednesdays when Sensei needs to travel up to Tring School!

Tring School Rules For In-Person Training

1. If it is raining outdoor classes will NOT operate – we will advise open / close status via the What’s App / Facebook Group Only – please make sure you are in the groups!