



# Tring Martial Arts Academy Timetable – w/c 12<sup>th</sup> April 2021

The Academy & Zoom Class Times – **VALID FOR 1 WEEK!!**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday
16:15 - 16:45		Kids 4-6 Physical	Kids 4-10 Zoom	Kids 4-10 Zoom	Kids 4-6 Physical	TMA CLOSED FOR STAFF FIRST AID TRAINING OFF SITE	Kids 6-12
17:00 - 17:45		Kids 6-10 Physical	Kids 4-10 Zoom	Kids 6-10 Physical	Kids 4-10 Zoom		Teens 13-17
18:00 - 18:45		Kids 6-12 Physical		Kids 6-12 Physical			ZOOM ONLY 10+ FMA
19:00 - 19:45	ZOOM 10+ FMA	Teens 13-17 Physical		ZOOM 10+ FMA	Teens 13-17 Physical		
20:00 - 20:45			ZOOM 10+ FMA		ZOOM 10+ FMA		

Please note – this timetable is valid for 1 week only & we are closed on Friday 16<sup>th</sup> April as we are attending a First Aid Training Event Off Site

## Covid Secure Rules for In Person Training at Tring Martial Arts Academy:

1. Class Pre-Booking Essential:
  - a. Kids 4-12 – 15 Spaces
  - b. Teens – 12 Spaces
2. Do not attend if you have any Covid Symptoms or have been directed to self-isolate.
3. Temperature Checks & Hand Sanitization Upon Entry.
4. One Way System Operates at the Academy – Entry Via Main Door, Exit Via Fire Exit. Parents Collect from Fire Exit.
5. Parking ONLY in Visitor Spaces or Street Parking – No Parking in the Courtyard under any circumstances EVEN if there is an empty space!
6. Prompt Arrival and Collection Appreciated – especially on Monday's & Wednesday's when Sensei needs to travel up to Tring School!