















	MON	TUES	WED	THURS	FRI	SAT
FUEL50 IS THE ONLY \$99/MONTH MEMBERSHIP WITH UNLIMITED GROUP TRAINING!						
8 AM						
9 AM						
3:15		 ULTIMATE ATHLETE YOUTH & TEEN FITNESS 12 and under		 ULTIMATE ATHLETE YOUTH & TEEN FITNESS 12 and under		
4:15		 ULTIMATE ATHLETE YOUTH & TEEN FITNESS 13-17		 ULTIMATE ATHLETE YOUTH & TEEN FITNESS 13-17		
6 PM						

INTRODUCING. . .
TEEN GIRLS BOXING

T/TH 4PM
BEGINS IN MARCH

Please note class times, instructors and formats are subject to change.



ULTIMATE ATHLETE
\$44/MO 3 MONTH PROGRAM

Youth Sports and Fitness Conditioning and Strength program to improve young athlete performance, recovery and progression. 45 minute classes held twice per week for specific age groups.
First Class is FREE!

