



GRAND AVENUE DENTAL CARE

Dr. Ryan Ross D.D.S
2911 Grand Ave.
Billings, MT 59102
(406) 245-4922

BEFORE YOUR SEDATION APPOINTMENT

Things to do/remember the day before your appointment:

- No tobacco products – This affects the level of sedation during your treatment, and can negatively affect your comfort level during the appointment.
- No alcohol – The dentist cannot safely sedate you if you have had alcohol within the last 12 hours.
- No caffeine, citrus fruits or citrus drinks.
- Take no additional medications (e.g. OTC pain medications and antacids, herbal or nutritional supplements) unless discussing these medications with the Dentist. Narcotics pain medicines (unless prescribed by Dr. Ross as part of your sedation protocol) or any street or recreational drugs are also prohibited.
- Nothing to eat or drink 6 hours before appointment, it is OK to take your medication with some water on the morning of the appointment – Unless otherwise instructed by the dentist.
- Remember to remove any nail polish.

The morning of your appointment:

- Take the sedative medication as instructed by the dentist before your appointment.
- Please leave jewelry and watches at home
- No contact lenses
- Wear short sleeves and comfortable clothing
- Wear comfortable shoes/socks

It is absolutely essential that you have your escort drive you to your appointment. We will not be able to proceed with your appointment if you drive yourself, and this will result in forfeiting your pre-paid fee for the appointment.

Regrettable, failure to comply can compromise the safety of the sedation procedure. In most cases, the dentist will not be able to proceed with your treatment.

Patient signature: _____

Date: _____