

PMA Program Schedule

Effective 1/11/2021

Monday

<i>Little Rhinos</i>	4:00 – 4:30
<i>Leadership</i>	4:40 – 5:20
<i>Basic</i>	5:30 – 6:05
<i>Masters</i>	6:15 – 6:55
<i>Basic (Zoom)</i>	7:00 – 7:30

Tuesday

<i>Basic</i>	4:00 – 4:35
<i>Masters</i>	4:45 – 5:25
<i>Little Rhinos</i>	5:35 – 6:05
<i>Teen / Adult</i>	6:15 – 6:55
<i>Masters (Zoom)</i>	7:00 – 7:40

Wednesday

<i>Basic</i>	4:00 – 4:35
<i>Leadership</i>	4:45 – 5:25
<i>Basic</i>	5:35 – 6:10
<i>Masters</i>	6:20 – 7:00
<i>Teen / Adult (Zoom)</i>	7:05 – 7:45

Thursday

<i>Little Rhinos</i>	4:00 – 4:30
<i>Basic</i>	4:40 – 5:15
<i>Masters</i>	5:25 – 6:05
<i>Black Belt</i>	6:15 – 6:55
<i>Teen / Adult</i>	7:05 – 7:45

Saturday

<i>Little Rhinos</i>	9:30 – 10:00
<i>Masters</i>	10:10 – 10:50
<i>Basic</i>	11:00 – 11:35
<i>Leadership</i>	11:45 – 12:25
<i>Teen / Adult</i>	12:35 – 1:15

Private Classes

<i>Monday</i>	3:20 – 3:50 7:40 – 8:10
<i>Tuesday</i>	3:20 – 3:50 7:50 – 8:20
<i>Wednesday</i>	3:20 – 3:50 7:55 – 8:25
<i>Thursday</i>	3:20 – 3:50 7:55 – 8:25
<i>Saturday</i>	1:25 – 1:55 2:05 – 2:35

PROGRAMS:

- ❑ **LITTLE RHINOS:** Ages 3 - 5
- ❑ **BASIC OPEN:** Ages 6 -12
- ❑ **TEEN / ADULT:** Ages 12 +
- ❑ **LEADERSHIP:** [Invitation Only](#) (Ages 6+)
- ❑ **MASTERS:** [Invitation Only](#) (Ages 6+)

Health Safety Info:

- Cleaning and Sanitizing Before and After Each Class
- 10 Students allowed per class.
- Students must register via our website for each class.
- Social Distancing Will be Enforced
- Masks will be required.
- Spectators will not be allowed. Does not apply for new students or students under the age of 5.