



# Pak's Karate Louisiana



[www.pakskaratelouisiana.com](http://www.pakskaratelouisiana.com)

5302 Barksdale Blvd.  
 Bossier City, LA 71112  
 318-752-2221

## 2021 Bossier Location Tang Soo Do Program Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"A" Day - Curriculum Class		"B" Day - Program Class		"A" Day Class	"B" Day Class
				"C" Day Classes (Yellow – BBC/MC)	
Private Lesson 2:30 - 3:00 PM	Private Lesson 2:30 - 3:00 PM	Private Lesson 2:30 - 3:00 PM	Private Lesson 2:30 - 3:00 PM	Private Lesson 2:30 - 3:00 PM	Private Lesson 8:30 - 9:00 AM
Private Lesson 3:00 - 3:30 PM	Private Lesson 3:00 - 3:30 PM	Private Lesson 3:00 - 3:30 PM	Private Lesson 3:00 - 3:30 PM	Private Lesson 3:00 - 3:30 PM	Private Lesson 12:30 - 1:00 PM
After School Program 3:30 - 4:30 PM	After School Program 3:30 - 4:30 PM	After School Program 3:30 - 4:30 PM	After School Program 3:30 - 4:30 PM	After School Program 3:30 - 4:30 PM	Sparring 9:30 - 10:00 PM
Beginner & Intermediate 1 All Ages 6:00 - 6:50 PM	Beginner & Intermediate 1 All Ages 4:30 - 5:20 PM	Basic Program All Ages & Ranks 6:00 - 6:50 PM	Basic Program All Ages & Ranks 4:30 - 5:20 PM	Basic Program All Ages & Ranks 6:30 - 7:20 PM	Basic Program All Ages & Ranks 10:00 - 10:50 AM
Intermediate 2 & Advanced All Ages 5:00 - 5:50 PM	Intermediate 2 & Advanced All Ages 7:00 - 7:50 PM	Black Belt Club 5:00 - 5:50 PM	Black Belt Club 7:00 - 7:50 PM	Black Belt Club Stunting 4:30 - 5:00 PM	BBC/MC Bo Class 11:00 - 11:30 AM
Teen/Adult & Black Belts 7:00 - 7:50 PM	Teen/Adult & Black Belts 5:30 - 6:20 PM	Teen/Adult & Black Belts 7:00 - 7:50 PM	Teen/Adult & Black Belts 5:30 - 6:20 PM	Sparring 5:00 - 5:30 PM	BBC/MC Nunchaku Class 11:30 - 12:00 PM
	Leadership Team 5:30 - 6:20 PM	Master's Club 7:00 - 7:50 PM	Master's Club 5:30 - 6:20 PM	Team FEARLESS Demo Training 5:30 - 6:20 PM	BBC/MC Kama Class 12:00 - 12:30 PM
	Day Class All Ages & Ranks 12:30 - 1:30 PM		Day Class All Ages & Ranks 12:30 - 1:30 PM		BBC/MC Escrima Class 12:30 - 1:00 PM

**After School Program Students:** All GREEN classes plus optionally choose 1 "A" day class and 1 "B" day class

**Basic Program Students:** Choose 1 "A" day class and 1 "B" day class from the BLUE classes. Friday is a makeup "A" day class and Saturday is a makeup "B" day class

**Black Belt Club Program Students:** Choose 1 "A" day class and 1 "B" day class from the BLUE classes, 1 "B" day class from the YELLOW classes, and up to 2 "C" day classes from the YELLOW classes

**Master's Club Program Students: UNLIMITED CLASSES -** Choose 1 "A" day class and 1 "B" day class from the BLUE classes, 1 "B" day class from the ORANGE classes, plus any additional classes desired

**Team FEARLESS Demo Training:** By Invitation/Tryout only – Must be a Black Belt Club or Master's Club student.

**Leadership Team:** By Invitation only

## 2021 Bossier Location Tiger Program Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"A" Day Class		"B" Day Class		"A" Day Class	"B" Day Class
After School Program 3:30 - 4:15 PM	After School Program 3:30 - 4:00 PM	After School Program 3:30 - 4:15 PM	After School Program 3:30 - 4:00 PM	After School Program 3:30 - 4:30 PM	
Tiny Tigers 5:30 – 6:00 PM	Tiny Tigers 4:00 - 4:30 PM	Tiny Tigers 5:30 – 6:00 PM	Tiny Tigers 4:00 - 4:30 PM	Tiny Tigers 6:00 - 6:30 PM	Tiny Tigers 9:00 - 9:30 AM
Flying Tigers 4:30 - 5:15 PM	Flying Tigers 6:30 - 7:15 PM	Flying Tigers 4:30 - 5:15 PM	Flying Tigers 6:30 - 7:15 PM	Flying Tigers 5:00 - 5:45 PM	Flying Tigers 9:00 - 9:45 AM

**NOTE:** Tiny Tigers are Ages 4 - 5 and Flying Tigers are Ages 6 - 7.

## 2021 Bossier Location Judo and Jujitsu Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Kids Judo & Self Defense 4:30 – 5:20 PM		Kids Judo & Self Defense 4:30 – 5:20 PM		Kids Judo & Self Defense 12:00 – 12:50 PM
	Jujitsu 5:30 – 6:30 PM		Jujitsu 5:30 – 6:30 PM		Jujitsu & Judo 1:00 – 3:00 PM
	Judo 6:30 - 7:30 PM		Judo 6:30 - 7:30 PM		Jujitsu & Judo 1:00 - 3:00 PM

**NOTE:** Kids Judo & Self Defense is specifically for Ages 6-10.



# Pak's Karate Louisiana



[www.pakskaratelouisiana.com](http://www.pakskaratelouisiana.com)

1040 Bellevue Rd.  
Houghton, LA 71037  
318-949-5675

## 2021 Houghton Location Tang Soo Do Program Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"A" Day - Curriculum Class		"B" Day - Program Class		"A" Day Class	"B" Day Class
				"C" Day Classes (Yellow – BBC/MC)	
Private Lesson 2:30 - 3:00 PM	Private Lesson 2:30 - 3:00 PM	Private Lesson 2:30 - 3:00 PM	Private Lesson 2:30 - 3:00 PM	Private Lesson 2:30 - 3:00 PM	Private Lesson 8:30 - 9:00 AM
Private Lesson 3:00 - 3:30 PM	Private Lesson 3:00 - 3:30 PM	Private Lesson 3:00 - 3:30 PM	Private Lesson 3:00 - 3:30 PM	Private Lesson 3:00 - 3:30 PM	Private Lesson 12:30 - 1:00 PM
After School Program 3:30 - 4:30 PM	After School Program 3:30 - 4:30 PM	After School Program 3:30 - 4:30 PM	After School Program 3:30 - 4:30 PM	After School Program 3:30 - 4:30 PM	Black Belt Club Stunting 9:30 - 10:00 PM
Beginner All Ages 6:00 - 6:50 PM	Beginner All Ages 4:30 - 5:20 PM	Basic Program All Ages & Ranks 6:00 - 6:50 PM	Basic Program All Ages & Ranks 4:30 - 5:20 PM	Basic Program All Ages & Ranks 6:30 - 7:20 PM	Basic Program All Ages & Ranks 10:00 - 10:50 AM
Intermediate All Ages 4:30 - 5:20 PM	Intermediate All Ages 5:30 - 6:20 PM	Black Belt Club 4:30 - 5:20 PM	Black Belt Club 6:30 - 7:20 PM	Black Belt Club Stunting 4:30 - 5:00 PM	BBC/MC Bo Class 11:00 - 11:30 AM
Advanced & Black Belt All Ages 7:00 - 7:50 PM	Advanced & Black Belt All Ages 6:30 - 7:20 PM	Teen & Adult All Ranks 7:00 - 7:50 PM	Teen & Adult All Ranks 6:30 - 7:20 PM	Sparring 5:00 - 5:30 PM	BBC/MC Nunchaku Class 11:30 - 12:00 PM
Teen & Adult All Ranks 7:00 - 7:50 PM	Teen & Adult All Ranks 6:30 - 7:20 PM	Master's Club 7:00 - 7:50 PM	Master's Club 5:30 - 6:20 PM	Team FEARLESS Demo Training 5:30 - 6:30 PM	BBC/MC Kama Class 12:00 - 12:30 PM
	Black Belt Class 7:30 - 8:30 PM		Tournament Class 7:30 - 8:30 PM (as scheduled)		BBC/MC Escrima Class 12:30 - 1:00 PM
	Day Class All Ages & Ranks 12:30 - 1:30 PM		Day Class All Ages & Ranks 12:30 - 1:30 PM		

**After School Program Students:** All GREEN classes plus optionally choose 1 "A" day class and 1 "B" day class

**Basic Program Students:** Choose 1 "A" day class and 1 "B" day class from the BLUE classes. Friday is a makeup "A" day class and Saturday is a makeup "B" day class

**Black Belt Club Program Students:** Choose 1 "A" day class and 1 "B" day class from the BLUE classes, 1 "B" day class from the YELLOW classes, and up to 2 "C" day classes from the YELLOW classes

**Master's Club Program Students: UNLIMITED CLASSES** - Choose 1 "A" day class and 1 "B" day class from the BLUE classes, 1 "B" day class from the ORANGE classes, plus any additional classes desired

**Team FEARLESS Demo Training:** By Invitation/Tryout only – Must be a Black Belt Club/Master's Club student.

## 2021 Haughton Location Tiger Program Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"A" Day Class		"B" Day Class		Makeup Classes	
				"A" Day	"B" Day
After School Program 3:30 - 4:15 PM	After School Program 3:30 - 4:00 PM	After School Program 3:30 - 4:15 PM	After School Program 3:30 - 4:00 PM	After School Program 3:30 - 4:30 PM	
Tiny Tigers 5:30 - 6:00 PM	Tiny Tigers 4:00 - 4:30 PM	Tiny Tigers 5:30 - 6:00 PM	Tiny Tigers 4:00 - 4:30 PM	Tiny Tigers 5:45 - 6:15 PM	Tiny Tigers 9:00 - 9:30 AM
Flying Tigers 4:45 - 5:30 PM	Flying Tigers 5:30 - 6:15 PM	Flying Tigers 4:45 - 5:30 PM	Flying Tigers 5:30 - 6:15 PM	Flying Tigers 5:00 - 5:45 PM	Flying Tigers 9:00 - 9:45 AM

**NOTE:** Tiny Tigers are Ages 4 - 5 and Flying Tigers are Ages 6 - 7.

## 2021 Haughton Location Judo & Jujitsu Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Kids Judo & Self Defense 4:30 - 5:30 PM		Kids Judo & Self Defense 4:30 - 5:30 PM	
	Jujitsu 5:30 - 6:30 PM	Jujitsu 6:30 - 7:30 PM	Jujitsu 5:30 - 6:30 PM	Jujitsu 6:30 - 7:30 PM	
	Judo 6:30 - 7:30 PM	Judo 5:30 - 6:30 PM	Judo 6:30 - 7:30 PM	Judo 5:30 - 6:30 PM	

**NOTE:** Kids Judo & Self Defense is specifically for Ages 6-10.