



Starts Monday November 30th, 2020

Winter 2020 Class Schedule

| CLASS | Monday | Tuesday | Wednesday | Thursday | Saturday |
|--|---|-----------------------|-----------------------|--|--|
| Tigers Class 4-6 yrs Tiger Beginners & Tiger Advanced | Mat 2 4:30-5:00pm <i>Zoom 5:00-5:20</i> | Mat 2 5:30-6:00 pm | Mat 1 6:30-7:00 pm | Mat 1 4:00-4:30 pm <i>Zoom 5:00-5:20</i> | Mat 1 9:45 -10:15 am |
| Beginners Class 7-12 yrs / White & Yellow Belts (10th-9th Gups) | Mat 1 5:30 - 6:15 pm <i>Zoom 5:30-5:55</i> | Mat 1 4:00-4:45 pm | Mat 1 4:30—5:15 pm | Mat 1 6:45—7:30 pm <i>Zoom 5:30-5:55</i> | Mat 1 8:45—9:30 am |
| Orange Belt Class 7-12 yrs / Orange Belts (8th-7th Gups) | / | Mat 2 6:15—7:00 pm | Mat 1 5:30—6:15 pm | Mat 2 4:00-4:45 <i>Zoom 6:00-6:25</i> | Mat 1 10:30—11:15 am |
| Green Belt Class 7-12 yrs / Green Belts (6th-4th Gups) | Mat 1 4:30-5:15 pm <i>Zoom 6:30-6:55</i> | Mat 1 6:00—6:45 pm | / | Mat 1 5:45—6:30 pm <i>Zoom 6:30-6:55</i> | Mat 1 11:30—12:15 pm |
| Red Belt Class 7-12 yrs / Red Belts (3rd-1st Gups) | Mat 1 6:30—7:15 pm <i>Zoom 7:00-7:25</i> | Mat 1 5:00—5:45 pm | / | Mat 1 4:45-5:30 pm <i>Zoom 7:00-7:25</i> | Mat 1 12:30—1:15 pm |
| Black Belt Class All Dans & Dan Candidates | Mat 1 7:30—8:15 pm <i>Zoom 7:30-7:55</i> | Mat 1 7:00—7:45 pm | Mat 1 7:10—7:55 pm | Mat 1 7:45—8:30 pm <i>Zoom 7:30-7:55</i> | Mat 2 (open mat) 12:15—1:15 pm 1 X Monthly w/ Master Grogan |
| Adult & Teen Class 13 & up /All Ranks | Mat 2 5:15-6:00 pm <i>Zoom per rank class</i> | Mat 1 8:00-8:45 pm | Mat 1 8:00-8:45 pm | Mat 2 5:30-6:15 <i>Zoom per rank class</i> | Mat 1 12:30—1:15 pm |

Saturday Classes for Tigers through Red Belts will be live-streamed on Grogan's Members only facebook page
 Tuesday Classes for Black Belts and Adults will be live-streamed on Grogan's Members only facebook page