

Kelly Dansby

Lymphatic Massage Therapy Vodder Method Manual

Lymphatic Drainage (MLD)

LMBT, MLD Licence #18661

Providing massage to support the immune system for detoxification, swelling reduction, and chronic pain management.



Please consider MLD for those with:

Chronic inflammation
Chronic pain/ migraines
Lyme disease / coinfections
Sensory issues
Connective tissue disorders
Scarring
Lymphedema/ Edema
Chronic Fatigue
Limited Mobility
Weight management
GI motility issues
Pre and post surgery
Parkinsons
Alzheimers
Chronic Venous Insufficiency

Now practicing at Excel Body Fitness, in Cary, NC (off James Jackson & Maynard), I wanted to introduce myself as your closest, local Lymphatic Massage Therapist, *Kelly Dansby*, and help make referrals easier!

I strongly believe in a **HOLISTIC** approach to health and wellness, offering full-body and multi-day massage, with packages from 4 to 30 days for a deeply therapeutic, deeply relaxing *mind and body reset*.

All massages cater to individual needs, **boost the natural function of the immune system**, and incorporate *myofascial release, thai massage, and reflexology* as appropriate.

Trained at Healing Arts and Massage School, including extensive clinic hours working with NCAA top athletes; Certified and specializing in Vodder Method Manual Lymphatic Drainage; and bringing a lifetime of experience working in chronic undiagnosed illness, music, voice, athletics, and special education populations; I will happily work with any current providers (MDs, OT, PTs, chiros, etc) to develop both therapeutic and/or prevention plans.

Sauna and Showers are available for your enjoyment

Call for consultation or schedule today!

CDC guidelines for Covid safety precautions are being followed. Space is set up well for those with compromised immune systems; spacious ceilings, well ventilated, masked, temperature checks, and with thorough cleaning.