



# THANKSGIVING CLASS SCHEDULE

**THURSDAY 11/26**

**7:30AM BARRE & CIRCUIT BREAKERS**

**8:45AM BUTI & TOTAL BODY CONDITIONING**

**FRIDAY 11/27**

**7:30AM BARRE HIIT & TOTAL BODY  
CONDITIONING**

**8:45AM BARRE & CIRCUIT BREAKERS**

Before the family and the  
big feast, get your fit on!  
Four classes both days!

[REGISTER NOW](#)



