



# NEW SEASON SCHEDULE

Effective 11/16/20

Begins 11/16	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00a	<b>Total Body Conditioning</b> Dave	<b>Barre</b> Kim	<b>Slow-Burn Yoga</b> Mary	<b>Barre</b> Kim	<b>Total Body Conditioning</b> Teresa		
7:30a		<b>Total Body Conditioning</b> Tatiana	<b>Barre</b> Kim	<b>Total Body Conditioning</b> Tatiana			
8:45a	<b>Barre</b> Kim <b>Total Body Conditioning</b> Dave	<b>Barre-Yoga Fusion</b> Amelia	<b>Buti Yoga</b> Addie	<b>Barre</b> Kim	<b>Barre</b> Addie <b>Total Body Conditioning</b> Dave	<b>Barre</b> Addie <b>Total Body Conditioning</b> Colleen	<b>Barre</b> Kim
10a	<b>Vinyasa Yoga</b> Mary	<b>Gentle Yoga</b> Amelia	<b>Barre</b> Addie	<b>Barre-Yoga Flow</b> Amelia	<b>Buti DEEP Yoga</b> Addie	<b>Buti Yoga</b> Addie	<b>Total Body Conditioning</b> Tatiana
4:30p	<b>Barre</b> Teresa	<b>Total Body Conditioning</b> Dave	<b>Vinyasa Yoga</b> Colleen	<b>Total Body Conditioning</b> Dave	<b>Barre</b> Teresa		<b>3p Slow-Flow Vinyasa</b> Community Class Shawn Lutz
6:00p	<b>Buti Yoga</b> Addie	<b>Barre</b> Olga	<b>Total Body Conditioning</b> Tatiana	<b>Barre</b> Olga			

