



NEW SEASON SCHEDULE

Effective 11/16/20

Begins 11/16	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00a	Total Body Conditioning Dave	Barre Kim	Slow-Burn Yoga Mary	Barre Kim	Total Body Conditioning Teresa		
7:30a		Total Body Conditioning Tatiana	Barre Kim	Total Body Conditioning Tatiana			
8:45a	Barre Kim Total Body Conditioning Dave	Barre-Yoga Fusion Amelia	Buti Yoga Addie	Barre Kim	Barre Addie Total Body Conditioning Dave	Barre Addie Total Body Conditioning Colleen	Barre Kim
10a	Vinyasa Yoga Mary	Gentle Yoga Amelia	Barre Addie	Barre-Yoga Flow Amelia	Buti DEEP Yoga Addie	Buti Yoga Addie	Total Body Conditioning Tatiana
4:30p	Barre Teresa	Total Body Conditioning Dave	Vinyasa Yoga Colleen	Total Body Conditioning Dave	Barre Teresa		3p Slow-Flow Vinyasa Community Class Shawn Lutz
6:00p	Buti Yoga Addie	Barre Olga	Total Body Conditioning Tatiana	Barre Olga			

