

Kids Martial Arts

Girls & Boys Aged 4 – 17yrs

Covid Secure Classes 6 days per week



Your children will learn:

Focus | Discipline | Self-Confidence | Respect

**Professional
Martial Arts
Fitness
Life Skills
since 2005**

Tring Martial Arts Academy
Silk Mill Business Park
Brook Street
Tring, HP23 5EF

www.TringMartialArts.com
01442 795001

Our lessons also teach:

- ✓ Communication and teamwork skills
- ✓ Well-rounded physical fitness
- ✓ Effective bully prevention tools
- ✓ Lifelong habits of an active lifestyle
- ✓ Confidence in all aspects of life



**4
Week Trial
+ Uniform
for £69**

**Limited Class Spaces Due To Social Distancing
Call Now To Book Your Space**

Covid Secure Classes

Your Safety Is Our Top Priority

Covid Secure Classes 6 days per week



**Dedicated
Blackbelt
Excellence**

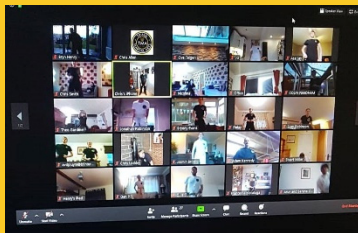
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Covid Secure Policy:

- ✓ Class Spaces Limited By Age
- ✓ Individual Training Zones
- ✓ Safe Social Distancing Maintained
- ✓ Instructors Wear Masks During Class
- ✓ One Way Entry & Exit
- ✓ Hand Sanitization Stations on Entry & Exit
- ✓ Prior Class Booking Via App, Website or Phone
- ✓ Mats Cleaned Between Each Class
- ✓ Premises Fumigated Every Night



Digital Dojo

Live classes are also available via our Digital Dojo to all members who must self-isolate or shield and is part of your membership. Access via Facebook Live & Zoom.