

# Class Schedule

\* effective September 14 2020 \*

This is the updated, current weekly class schedule, though with the uncertainty of public school schedules, and participation in our classes we may need to make adjustments periodically.

Classes are in-school (unless we need to shift entirely online for a while) and are also live streamed via our regular zoom link.

Students may sign up for up to 3 in-person classes a week.

We may be able to schedule private lessons (in-school or online) for an additional fee

## IMPORTANT DETAILS

- To participate **IN-SCHOOL** you **MUST** register with that week's **SignUp app link**
- Appropriate uniform is required for class (whether in-school or online)•

### THE CHANGES TO THIS WEEK'S SCHEDULE:

With the changes to this week's schedule most students have 4 classes a week to choose from. **Each student may participate in up to 3 in-person classes a week.**

This will ensure that everyone who wants to come in to classes will have that opportunity.

**STUDENTS MUST BRING A WATER BOTTLE TO EVERY CLASS!**

Check your email (including your spam/junk folder) regularly as well as our facebook group (Hilliard TKD Academy families 2020) for details about classes, testing and special events. We are currently working on the website to create a log in section for student families to stay up to date on information.

HILLIARD TAEKWONDO



614-777-6033

Facebook.com/HilliardTKD

fb group:  
Hilliard TKD Academy  
families 2020

|   | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|---|--|---|--|--|
| <b>AFTERNOON/EVENING CLASSES</b><br>In-person is by sign up<br><b>MAX 3 IN-PERSON CLASSES PER WEEK</b><br>Classes are 30-35 minutes (teen/adult class is 45 minutes) and also live streamed for at-home students participating via ZOOM | 4:30 Black Belt Jrs<br>Name on Belt<br>1st Dec - 2nd Sr BB<br>    | 4:30 Orange - Sr<br>Green Jrs, age 6-12<br>                    | 4:30 Little Dragons<br>age 3-4<br>                                | 4:30 Brown - Sr Red<br>Jrs, age 6-12<br>                         | 4:30 White & Yellow<br>Belts Jrs & New<br>students, age 6-12<br> |
|   | 5:15 White- Sr Orange<br>Belt Jrs & New<br>students, age 6-12<br> | 5:15 Little Ninjas<br>age 5<br>                                | 5:15 Black Belt Jrs<br>Prob - 2nd Sr BB<br>                       | 5:15 age 3-5<br>Dragons, age 3-4<br>and Ninjas, age 5<br>        | 5:15 Blue - Sr Red<br>Jrs, age 6-12<br>                          |
|   | 6:00 Green - Sr Blue<br>Jrs, age 6-12<br>                         | 6:00 Brown Belt -<br>Rec BB Jrs<br>                            | 6:00 Green - Sr Blue<br>Jrs, age 6-12<br>                         | 6:00 White & Yellow<br>Belts Jrs & New<br>students, age 6-12<br> | 6:00 Black Belt Jrs<br>Prob - 2nd Sr BB<br>                      |
|   | 6:45 Brown Belt -<br>Rec BB Jrs<br>                               | 6:45 Black Belt Jrs<br>Name on Belt<br>1st Dec - 2nd Sr BB<br> | 6:45 White- Sr Orange<br>Belt Jrs & New<br>students, age 6-12<br> | 6:45 Purple - Sr Blue<br>Jrs, age 6-12<br>                       | 6:45 Orange-Sr Purple<br>Jrs, age 6-12<br>                       |
|   | 7:30 Teen/Adult<br>Age 13+ All Ranks<br>45-minute class<br>       | 7:30 Teen/Adult<br>Age 13+ All Ranks<br>45-minute class<br>    | 7:30 Teen/Adult<br>Age 13+ All Ranks<br>45-minute class<br>       | 7:30 Teen/Adult<br>Age 13+ All Ranks<br>45-minute class<br>      | 7:30 Teen/Adult<br>Age 13+ All Ranks<br>45-minute class<br>      |

# Aug 24 - Oct 3, 2020

614-777-6033 • [www.HilliardTKD.com](http://www.HilliardTKD.com)  
[Facebook.com/HilliardTKD](https://Facebook.com/HilliardTKD)

This calendar (and our class schedule) may change without notice, so please confirm dates/times and events before class. **Watch for updates.**

**Information on the calendar does NOT impact the class schedule unless it says NO CLASSES or shows an adjusted class schedule for that day.**

If there is nothing on the calendar on a date, and there are normally classes that day, then follow the class schedule for that week.

Each week's class schedule & link to sign up for in-school classes is posted/emailed by Thursday of the week before. By Sat. sign up for up to 2 classes. Sun. you may add a 3rd.

- **Aug 24-28:** More exercise focus to help with back-to-school "brain fatigue"
- **Aug 26:** Registration Deadline for Black Belt High Rank Testing
- **Aug 29:** Bully Prevention Seminars (online; different zoom links for each)
  - 2:00 pm Elementary Age \$25/household use SignUp link
  - 3:00 pm Teens \$25 / household use SignUp link
- **Aug 30:** Demo Team regroup and practice, Noon - 1:00 pm  
Instructor Trainees, 1:00 - 2:00 pm
- **Sept 7:** NO CLASSES Labor Day Holiday
- **Sept 12:** Registration Deadline for National Tournament
- **Sept 18-19:** No Classes; High Rank Black Belt Testing Events
- **Sept 24-26:** NO CLASSES; National Tournament
- **Oct 2:** Registration Deadline for HTA Belt Rank Testing week of Oct 5th, TBD
- **Oct 29, Sept 5, Sept 13:** High Rank Black Belt Prep/Workout for Sept Testing

| SUNDAY   | MONDAY                                   | TUESDAY  | WEDNESDAY | THURSDAY             | FRIDAY  | SATURDAY   |
|--|--|--|-----------|----------------------|---|--|
| <b>Aug 2020</b><br>23<br>High Rank Testing Prep<br>Noon - 1:00 pm  | 24                                       | 25<br>High Rank Testing<br>Registration Deadline | 26        | 27                   | 28  | 29<br>High Rank Testing Prep<br>11:00 am - noon<br>TA Bully Prevention Seminars<br>(online - different zoom links)<br>2:00 pm Elem. Age \$25/house<br>3:00 pm Teens \$25/house |
| <b>DIFFERENT SCHEDULE THIS WEEK</b><br>Monday, Wednesday and Thursday classes are by age (not by belt rank) and will be more movement & exercise focused to help combat back-to-school brain fatigue. Your family members may participate from home in the age-appropriate classes via our private zoom link. Tuesday & Friday will be more forms focus. |  |  |           |                      |   |  |
| 30<br>Demo Team<br>Noon - 1:00 pm<br>current demo team members to see what works with the current guidelines<br>Instructor Trainees<br>1:00-2:00 pm<br>for our Black Belts who are working on old forms and training to become instructors   | 31<br>Check Class Schedule for this week | <b>Sept 2020</b><br>1                            | 2         | 3                    | 4   | 5<br>High Rank Testing Prep<br>10:30 am - noon   |
| 6  | 7<br>NO CLASSES<br>LABOR DAY HOLIDAY     | 8<br>Check Class Schedule for this week          | 9         | 10                   | 11  | 12<br>DEADLINE: T-SHIRT & EVENT REGISTRATION:<br>Taekwondo America<br>Sept 24-26 National Tournament   |
| 13<br>High Rank Testing Prep<br>Noon - 1:30 pm   | 14<br>Check Class Schedule for this week | 15   | 16        | 17                   | 18<br>NO CLASSES<br>National High Rank Black Belt Testings<br>(we have 5 instructors testing) | 19   |
| 20<br>National High Rank Black Belt Testings Continue<br>(we have 5 instructors testing)   | 21<br>Check Class Schedule for this week | 22   | 23        | 24                   | 25  | 26<br>NO CLASSES<br>TAEKWONDO AMERICA NATIONAL TOURNAMENT EVENTS<br>EVERY HTA student should plan to participate   |
| 27<br>Check Class Schedule for this week   | 28                                       | 29   | 30        | <b>Oct 2020</b><br>1 | 2   | 3<br>DEADLINE:<br>REGISTRATION:<br>Next Weeks's Belt Rank Testing Events   |