



# Championship Martial Arts

"Building Champions For Life"

Sensei Tommy Todd, Owner

Effective Date: 8/24/2020



A - Curriculum Days		B- Program Days		C- Specialty Days	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30-5:00 Advanced Juniors	4:30-5:00 Little Dragons (4-6 year olds)	4:30-5:00 Basic	4:30-5:00 Little Dragons (4-6 year olds)	5:00-5:30 Basic (Side B)	9:30-10:00 Bo Staff
5:10-5:40 Beginner Juniors	5:10-5:40 Intermediate Juniors	5:10-5:40 Black Belt Club	5:10-5:40 Masters Club	5:40-6:10 HYPER PRO-TRAINING Masters Club Hyper - Only	10:10-10:40 Kamas
5:50-6:20 Little Dragons (4-6 year olds)	5:50-6:20 Beginner Juniors	5:50-6:20 Little Dragons (4-6 year olds)	5:50-6:20 Basic	6:20-6:50 Sparring Drills	10:50-11:20 Chux
6:30-7:00 Intermediate Juniors	6:30-7:00 Advanced Juniors	6:30-7:00 Masters Club	6:30-7:00 Black Belt Club		11:30-12:00 Little Dragons (4-6 year olds)
					11:30-12:00 Beginner Juniors Curriculum Side-B
<b>Adults &amp; Jr. Black Belt Classes on Side-B</b>					
5:50-6:20 Junior Black Belts (Side B)					*Ask us about our Virtual Class options if you are interested*
6:30-7:15 Teen & Adult Class	6:30-7:15 Advanced & Black Belt Adults (Invite only)	6:30-7:30 Adult Kickboxing (must have uniform & gear)	6:30-7:15 Teen & Adult Class		
<b>Programs:</b> <b>Basic:</b> White Uniforms. 1 Curriculum Day (Mon,Tue,Sat), 1 Basic Day (Wed,Thur) (2-total) <b>Black Belt Club:</b> Black/White Uniforms. 1 Curriculum, 1 Program, 1 Specialty Class each week (3- total) <b>Masters Club:</b> Black/Red Uniforms. Unlimited Attendance, Special Class Options Friday & Sunday <b>Hyper Pro-Training:</b> Master's Club ONLY! <b>Little Dragons:</b> Ages 4, 5 and 6 Years Old. Up to 2 classes per week. <b>Teens &amp; Adults:</b> Wear Traditional White Gi with patch to Curriculum Classes. <b>Style of Martial Art:</b> Shotokan Karate				<b>Contact Information:</b> 8812 Blondo Street Omaha, NE 68134  <b>martialartsomaha.com</b> championshipmaomaha@gmail.com <b>402-932-2999</b>	

If Omaha Public Schools Close for Incliment Weather, CMA will most likely be CLOSED also!!!  
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