



CLASS SCHEDULE

Students have the option to attend up to 3 classes/week. Black Belt Club members have unlimited attendance. Please be on time and in full uniform. Zoom Classes Highlighted in Yellow. Facebook Live Classes in Blue

****Lil' Dragons - Ages 4-5 **Children - Ages 6-12 **Adults - Ages 13 and up**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00am . Adults	9:00am . Challenge Class Facebook Live		9:00am . Challenge Class Facebook Live	9:00am . Adults	8:00am - 8:45 <i>Endorphin Rush:</i> Facebook Live or Outside. This Class may be updated Weekly
10am-10:45am . Kids All Belts	5pm - 5:30pm Lil Dragons Zoom	5pm - 5:30pm Lil Dragons Zoom	5pm - 5:30pm Lil Dragons Zoom	10am-10:45am . Kids All Belts	
10am-10:30am . Lil Dragons	5- 5:45pm Beginners Kids White to Orange Belts Zoom	5- 5:45pm Beginners Kids White to Orange Belts Zoom	5- 5:45pm Beginners Kids White to Orange Belts Zoom	10am-10:30am . Lil Dragons	
5pm - 5:30pm Lil Dragons Zoom	6-6:45pm All Adults Zoom	6-6:45pm All Adults Zoom	6-6:45pm All Adults Zoom	5pm - 5:30pm Lil Dragons Zoom	
5- 5:45pm Beginners Kids White to Orange Belts Zoom	6-6:45pm Intermediate Kids Green to Purple/Stripe Zoom	6-6:45pm Intermediate Kids Green to Purple/Stripe Zoom	6-6:45pm Intermediate Kids Green to Purple/Stripe Zoom	5- 5:45pm Family Class Kids and Adults All Belts Zoom	
6-6:45pm All Adults Zoom	7 - 7:45pm Advanced Kids Brown to Black Belts Zoom	7 - 7:45pm Advanced Kids Brown to Black Belts Zoom	7 - 7:45pm Advanced Kids Brown to Black Belts Zoom	6pm Forms Class Kids and Adults All Belts Facebook Live	
6-6:45pm Intermediate Kids Green to Purple/Stripe Zoom					
7 - 7:45pm Advanced Kids Brown to Black Belts Zoom					**Promotional Tests** Class testing times announced in newsletter. Online times scheduled as necessary.