



HERO Live Class Schedule August 10th 2020



TIME	ROOM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30pm		Little HERO (Live Class)	Little HERO (Live Class)	Little HERO (Live Class)			Reserved for: Special Events
5:00pm		Kids Class (Live Class)	Kids Class (Live Class)	Kids Class (Live Class)			
6:00pm		Leadership (Live Class)	Leadership (Live Class)	Leadership (Live Class)		FIT & HIT Class 5:30pm	
6:45pm		All Ages Class (Live Class)	All Ages Class (Live Class)	All Ages Class (Live Class)			
7:45pm		BJJ Club (Live Class)		BJJ Club (Live Class)			

Virtual Zoom Classes

Monday, Tuesday, Wednesday & Thursday

Little HERO 5:30pm (Tuesday & Thursday)

All Ages - 6:00pm

Leadership - 6:30pm (Tuesday & Thursday)