

## 8 Orangetown Shopping Center Orangeburg, NY 10962 www.TheAcademyForMartialArts.com

4/13/20	4/14/20	4/15/20	4/16/20	4/17/20	4/18/20	4/19/20
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					JOSHU PREP CLASS ADULT KARATE 9:00AM - 10:00AM	
	KICKBOXING PLUS ADULTS 9:30AM - 10:30AM		KICKBOXING PLUS ADULTS 9:30AM - 10:00AM			KICKBOXING PLUS ADULTS 9:30AM - 10:00AM
					KICKBOXING PLUS ADULTS 10:15AM - 11:15AM	
					LITTLE DRAGONS CHILDREN 11:30AM - 12:00PM	
					OPEN FORMAT CHILDREN 12:15PM - 1:00PM	
BASIC PROGRAM CHILDREN 4:00PM - 4:45PM	<b>B.B.C</b> . CHILDREN 4:00PM - 4:45PM	LITTLE DRAGONS CHILDREN 4:00PM - 4:30PM	B.B.C. CHILDREN 4:00PM - 4:45PM	LITTLE DRAGONS CHILDREN 4:00PM - 4:30PM		
<b>B.B.C.</b> CHILDREN 5:00PM - 5:45PM	BASIC PROGRAM CHILDREN 5:00PM - 5:45PM	JIU-JITSU DRILLS / K-BOX CHILDREN 5:00PM - 5:45PM	BASIC PROGRAM CHILDREN 5:00PM - 5:45PM	JIU-JITSU DRILLS / K-BOX CHILDREN 5:00PM - 5:45PM		
EXPERT PROGRAM CHILDREN 6:00PM - 6:45PM	ADVANCED PROGRAM CHILDREN 6:00PM - 6:45PM	TINY TIGERS / BBC CHILDREN 6:00PM - 6:45PM	ADVANCED PROGRAM CHILDREN 6:00PM - 6:45PM	TINY TIGERS / BBC CHILDREN 6:00PM - 6:45PM		
KICKBOXING PLUS ADULTS 7:00PM - 8:00PM	JOSHU PREP CLASS ADULTS / TEENS KARATE 7:00PM - 8:00PM	KICKBOXING PLUS ADULTS 7:00PM - 8:00PM	JOSHU PREP CLASS ADULTS / TEENS KARATE 7:00PM - 8:00PM	EXPERT PROGRAM CHILDREN 7:00PM - 8:00PM		