



Anatolia Schedule Effective March 16th, 2020

4022 Sunrise Blvd #100
Rancho Cordova, CA 95742
916.586.6131

	MONDAY (Forms/Weapons)	TUESDAY (Forms/Weapons)	WEDNESDAY (Forms/Sparring)	THURSDAY (Forms/Sparring)	FRIDAY	SATURDAY
BEGINNER BELTS ONLY & LITTLE DRAGONS	6:30 PM		6:30 PM			
FAMILY CLASS, BEGINNERS & LITTLE DRAGONS	5:30 PM	5:30 PM	5:30 PM	5:30 PM	5:00 PM (Gold River)	9:00 AM
INTERMEDIATE & ADVANCED BELTS ONLY	4:30 PM	6:30 PM	4:30 PM	6:30 PM	4:00 PM (Gold River)	
BLACK BELT CLUB, TEEN & ADULTS	7:30 PM	7:30 PM	7:30 PM	7:30 PM	6:00PM (SPARRING CLASS) (Gold River)	10:00 AM
DIFFERENT ABILITIES (LET'S TALK)						1:30 PM (Gold River)

“The best compliment you can give our school is a referral!

www.levelupmartialarts.com
luma@levelupmartialarts.com



Gold River Schedule Effective March 16th, 2020

2310 Sunrise Blvd #5
Rancho Cordova, CA 95670
916.586.6131



	MONDAY (Forms/Weapons)	TUESDAY (Forms/Weapons)	WEDNESDAY (Forms/Sparring)	THURSDAY (Forms/Sparring)	FRIDAY (Forms/Sparring)	SATURDAY
BEGINNER BELTS & LITTLE DRAGONS ONLY	6:00 PM		6:00 PM			
FAMILY CLASS, BEGINNERS & LITTLE DRAGONS	5:00 PM	5:00 PM	5:00 PM	5:00 PM	5:00 PM	10:00 AM
INTERMEDIATE & ADVANCED BELTS ONLY	4:00 PM	6:00 PM	4:00 PM	6:00 PM	4:00 PM	
BLACK BELT CLUB, TEEN & ADULTS	7:00 PM	7:00 PM	7:00 PM	7:00 PM	6:00PM (SPARRING CLASS)	9:00 AM (SPARRING / WEAPONS CLASS)
DIFFERENT ABILITIES (LET'S TALK)						1:30 PM

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