



Championship Martial Arts

"Building Champions For Life"

Sensei Tommy Todd, Owner

Effective Date: 2/10/2020



A - Curriculum Days		B- Program Days		C- Specialty Days	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30-5:10 Advanced Juniors	4:30-5:00 Little Dragons (4-6 year olds)	4:30-5:00 Basic	4:30-5:00 Little Dragons (4-6 year olds)	5:00-5:30 Little Dragons (4-6 year olds)	10:00-10:30 Bo Staff
5:15-5:55 Beginner Juniors	5:05-5:45 Intermediate Juniors	5:05-5:45 Black Belt Club	5:10-5:50 Masters Club	5:00-5:30 Basic (Side B)	10:30-11:00 Kamas
6:00-6:30 Little Dragons (4-6 year olds)	5:55-6:35 Beginner Juniors	5:50-6:20 Little Dragons (4-6 year olds)	6:00-6:30 Basic	5:35-6:25 HYPER PRO-TRAINING Masters Club Hyper - Only	11:00-11:30 Chux
6:35-7:15 Intermediate Juniors	6:40-7:20 Advanced Juniors	6:25-7:05 Masters Club	6:40-7:20 Black Belt Club	6:30-7:00 Sparring	11:35-12:05 Little Dragons (4-6 year olds)
					12:10-12:50 Beginner Juniors Curriculum
Adults & Jr. Black Belt Classes on Side-B					
5:40-6:20 Junior Black Belts (Side B)	5:10-5:50 Junior Black Belts (Side B)				
6:30-7:30 Teen & Adult Class	6:30-7:30 Advanced & Black Belt Adults (Invite only)	6:30-7:30 Teen & Adult Class	6:30-7:30 Teen & Adult Class		
Programs: Basic: White Uniforms. 1 Curriculum Day (Mon,Tue,Sat), 1 Basic Day (Wed,Thur) (2-total) Black Belt Club: Black/White Uniforms. 1 Curriculum, 1 Program, 1 Specialty Class each week (3- total) Masters Club: Black/Red Uniforms. Unlimited Attendance, Special Class Options Friday & Sunday Hyper Pro-Training & Jiu-Jitsu: Master's Club ONLY! Little Dragons: Ages 4, 5 and 6 Years Old. Up to 2 classes per week. Teens & Adults: Wear Traditional White Gi with patch to Curriculum Classes. Style of Martial Art: Shotokan Karate				Contact Information: 8812 Blondo Street Omaha, NE 68134 martialartsomaha.com championshipmaomaha@gmail.com 402-932-2999	

If Omaha Public Schools Close for Incliment Weather, CMA will most likely be CLOSED also!!!

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