



PALANZO MARTIAL ARTS SINCE 1970

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Champs (Ages 3-5)	4:30-5:00	6:15-6:45	4:30-5:00	6:15-6:45		9:00-9:30
Little Champions (Ages 5-7) Black Belt Training +15 min	6:45-7:15	5:30-6:00	6:45-7:15	5:30-6:00	5:00-6:00 KENPO CLASS (13 & up)	9:30-10:00
Kids (Ages 8-12) Black Belt Training +15 min	6:00-6:45	4:30-5:15	6:00-6:45	4:30-5:15		10:15-11:00
Karate Kids Red & Jr Black Black Belt Training +15 min	5:00-5:45	6:45-7:30	5:00-5:45	6:45-7:30		10:15-11:00
Teen (Ages 13-17) Black Belt Training +30 min	7:30-8:30	7:30-8:30	7:30-8:30	7:30-8:30	Reserved For Special Events	11:15-12:15
Adult (Ages 18+) Black Belt Training +30 min	7:30-8:30	11:30-12:30 7:30-8:30	7:30-8:30	11:30-12:30 7:30-8:30		11:15-12:15
Birthday Parties						1:00-2:30 3:00-4:30



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