



# TRING MARTIAL ARTS

ACADEMY NEWSLETTER **OCT 2019**

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## FUTURE BLACK BELTS

**Please welcome our Future Black Belts who joined us in the summer:**

Oliver Smith, Hugo Pelletier, Jacob Vander-Putt, Alex Pini, Freddie Beales, Sebastian Vargus, Nathaniel Giles, Arun & Serena Chahal, Kat Lewis, Jonathan Robinson, Quinn Hartley

## STARTER PROGRAMME

**Please welcome the following students who have joined our Starter Programme:**

Jacob Scott, Karen O'Brien, Anne Hawkes, Rosie Rathbone, Carol Fulton, James Richardson, Lisa Rogers, Joseph Thomas, Ellie Graham, Sky Siney, Sarah Hale, Lucy Hale, Rory Peters, Alastair Razak, Marcus Mehta, India Cox, James Tucker, Sophie Owen, Helen England, Sadik Handa, Sadak Handa

## ANNOUNCEMENTS

### Record Attendance

An incredibly hot July and August didn't diminish our dedicated students and record attendance throughout what is normally a quieter time of the year in classes.

### Buddy Week

Buddy Week was a roaring success with over 10 buddies coming along. Due to its popularity and many requests we are going to hold another one week commencing 21<sup>st</sup> October 2019.

### UltraFit Relaunch Month

We're grateful to the parents who took advantage of the Free Month of fitness classes at UltraFit Tring and look forward to working with those who joined with the special TMA parent's membership rate.

### Summer Catch Up Classes

All students who were away for the summer may continue to catch up any missed classes throughout the rest of the year.

### Half Term – 28<sup>th</sup> to 4<sup>th</sup> November

All classes open as normal.

### Winter Uniform

Winter Uniform (Wrap Around Gi Top, T-Shirt & Trousers) must be worn to all classes from 1<sup>st</sup> October 2019. Summer Uniform (Shorts and Vests) are now prohibited.

### Parking

Would parents please refrain from parking immediately outside our entrance. Parking is available inside the business park in visitor bays or local street parking.



@TringMartialArts

## 2<sup>nd</sup> International Martial Arts Training Seminar

8<sup>th</sup> & 9<sup>th</sup> February 2020. Alicante Spain.



Come and enjoy an amazing international martial arts training event on Sunday 9<sup>th</sup> February 2020 in the beautiful Spanish city of Alicante.

Train with Grand Master Zulfi Ahmed 10<sup>th</sup> Dan, Kyoshi Ken Pankiewicz 7<sup>th</sup> Dan and Shihan Chris Allen 5<sup>th</sup> Dan in the Bushi Ban Combat System.

TMA Students who complete the course could earn their next belt by completing the 8 hour course (except Black Belt).

Join us today by visiting <http://www.Mats2020.com>

# ULTRAFIT

Tring

Our next 6 week Fitness Challenge starts on Monday 4<sup>th</sup> November 2019 with classes at 9:15am on Monday & Wednesdays. RRP £150. TMA Parent Special Offer £95

### Important Dates For Your Diary

- Winter Uniform – 1<sup>st</sup> October 2019
- Buddy Week – w/c 21<sup>st</sup> October 2019
- IDP – 30<sup>th</sup> October 2019

For more information on any of these items please call us on 01442 795001

### Curriculum Testing Results

In the last phase of testing **208**TMA students achieved the following:

- Distinction Pass – 2
- Merit Pass – 190
- Pass – 14
- Retake – 2

Well done to all who took part!

**THE HIGHEST HONOUR AND DEEPEST RESPECT YOU CAN SHOW TO YOUR INSTRUCTOR AND YOUR ACADEMY IS TO RECOMMEND US TO YOUR FAMILY AND FRIENDS**