



CLASS SCHEDULE

Effective June 3, 2019

CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Mighty Impact (Basic Skillz) Ages 4-6 30 min		4:45	4:00	4:45	9:45
Beginners Ages 7 and UP <u>White Belts-High Yellow Belt</u>	4:30-5:15	6:00	4:30	4:00 or 6:00	10:15
Intermediates <u>Green through Black Belts</u> 45 min	6:00	5:15	6:00	5:15	11:00
Advanced ONLY <u>Red Belts-Black Belts</u> 1 Hour		6:45			
Sparring			5:15		
PIMA Yoga			6:45		
PIMA Kickboxing Adults (Fitness) 60 Min	6:45			6:45	8:45 am



(561)523-0966 www.wpbmartialarts.com email:info@pimapalmbeach.com

@positiveimpactma

