



CLASS SCHEDULE *FINAL REVISED effective April 2019*

CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Mighty Impact (Basic Skillz) Ages 4-6 30 min	4:00	4:45	4:00	4:45	10:30
Beginners Ages 7 and UP <u>White Belts-High Yellow Belt</u>	4:30 or 5:15	4:00 or 6:00	4:30 or 5:15	4:00 or 6:00	11:00
Intermediates <u>Green through Black Belts</u> 45 min	6:00	5:15	6:45	5:15	9:45
Advanced ONLY <u>Red Belts-Black Belts</u> 1 Hour		6:45			
Sparring 45 min			6:00		
PIMA Kickboxing Adults (Fitness) 60 Min	6:45			6:45	8:45 am



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