

happy holidays



We hope you have a wonderful holiday season surrounded by people you love! We're simultaneously wrapping presents and prepping for an exciting new year.

We're changing up classes and adding gentle yoga and higher and lower intensity barre classes! Keep your eyes peeled for Barre Mixer, BarreXpress and a few other surprises on the new schedule!

We've got a Challenge to start the New Year off right, so sip that egg nog (does anybody really drink it?) and munch on that extra cookie knowing that you'll be back on a fast track to fitness come the new year!

Thank you for voting and honoring our Studio with a People's Choice award in the Venice Gondolier's "Best of Venice." It's the third year you've selected us as a top fitness studio. And for the first time, the community named BodybyBarre's Kim Hackett as a one of the area's best instructors!

"It's a team effort," Kim says. "My name just happens to be on the business!"

All these accolades make us just want to work harder (and work you harder) in 2019.

We are taking our team to the Best of Venice awards ceremony January 26 at the Plantation Golf and Country Club. We look forward to sharing the evening with many of you who are also "Best of Venice."



Give the Gift of Health

Share your love of barre and yoga with family and friends! Or, snag great last minute deals for yourself! New purchases only. Best deals are under "gift certificates" not the usual place you buy classes.

- 10 classes/\$120
- 3 months unlimited/\$299 (save \$57)

You can purchase and print out gift certificates or swing by and we'll give you one.

Deals can't be applied to previous purchases and existing monthly memberships.

BUY NOW



NEW YEAR CHALLENGE

Pledge now to take the Happy New You Challenge!

It's a fun way to kick-off the New Year and get into even better shape in 2019!

Here's how it works:

1. Pick a goal -- 12 classes or 15 in three weeks.
2. Pick a buddy and win a free private barre party by earning the most points! Or participate individually.
3. Earn points for classes and other mini challenges.
4. Log your success on our star board.
5. There's no charge to participate, you just purchase classes.
6. Win a stainless logo tumbler plus other surprises!

SIGN UP



