


December 2018

MONDAY	TUESDAY	WED	THUR	FRIDAY	SATURDAY
NOV 26	NOV 27	NOV 28	NOV 29	NOV 30	BBX NO REGULAR CLASSES 1
SPARRING WEEK:					NO ADULT CLASS BBX DRESS REHEARSAL @6PM
3	4	5	6	7	8
WEAPONS WEEK					
10	11	12	13	14	15
GRAPPLING & ACROBATICS					
17	18	19	20	21	22
SPARRING WEEK:					STORM 8-9:15 am
Students should have 12 classes by the end of this week					
 <p>Happy Holidays!! No classes December 23rd thru January 1st We reopen January 2, 2019</p>					
JAN 2		JAN 3		JAN 4	
WEAPONS WEEK					
Students should have 13 classes by the end of this week					

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

PRIVATE LESSONS AVAILABLE! PLEASE STOP BY THE OFFICE TO SCHEDULE YOURS TODAY!!!

11 a.m. - 12 pm
Intermediate &
Advanced Adults11 a.m. - 12 pm
Intermediate &
Advanced AdultsThe classes listed below are not
held on exam day.4 - 4:45 pm
Little Dragons4 - 4:45 pm
Advanced Kids
6-12 yrs.4 - 4:45 pm
Little Dragons4 - 4:45 pm
Advanced Kids
6-12 yrs.4 - 4:45 pm
Little Dragons9:30 - 10:15 am
Beginning Kids
6-12 yrs.4:45 - 5:30 pm
Beginning Kids
6-12 yrs.4:45 - 5:30 pm
Intermediate Kids
6-12 yrs.4:45 - 5:30 pm
Beginning Kids
6-12 yrs.4:45 - 5:30 pm
Intermediate Kids
6-12 yrs.4:15 - 5 pm
Advanced Kids
6-12 yrs.9:30 - 10:15 am
Intermediate Kids
6-12 yrs.5:30 - 6:15 pm
Advanced Kids
6-12 yrs.5:30 - 6:15 pm
Beginning Kids
6-8 yrs.5:30 - 6:15 pm
Advanced Kids
6-12 yrs.5:30 - 6:15 pm
Beginning Kids
6-8 yrs.5 - 5:45 pm
Beginning Kids
6-12 yrs.10:15 - 11 am
Advanced Kids
6-12 yrs.6:15 - 7 pm
Intermediate Kids
6-12 yrs.5:30 - 6:15 pm
Little Dragons6:15 - 7 pm
Intermediate Kids
6-12 yrs.5:30 - 6:15 pm
Little Dragons5 - 5:45 pm
Intermediate Kids
6-12 yrs.10:15 - 11 am
Little Dragons**NEW** 5:30- 7 pm
3rd & 4th Degrees Only6:15 - 7pm
Advanced Kids6 - 7 pm
Advanced Adults6:15- 7pm
Advanced Kids6 - 7 pm
Beginning
Adults11 am - 12 pm
Beginning
Adults6 - 7 pm
Advanced Adults6:30 - 7:15 pm
Beginning Kids
9 - 12 yrs.7 - 8 pm
Beginning
Adults6:30 - 7:15 pm
Beginning Kids
9 - 12 yrs.6 - 7 pm
Intermediate
Adults11 am - 12 pm
Intermediate
Adults7 - 8 pm
Beginning
Adults7:15 - 8:15pm
Beginning
Adults7 - 8 pm
Intermediate
Adults7:15 - 8:15 pm
Beginning
Adults6 - 7 pm
Advanced Adults12 pm - 1 pm
Advanced
Adults7 - 8 pm
Intermediate Adults7:15 - 8:15 pm
Intermediate
Adults7 - 8 pm
Power Yoga7:15 - 8:15 pm
Intermediate
AdultsWe do Birthday
Parties!!7 - 8 pm
Power Yoga8:15 - 9:15 pm
Advanced Adults8:15 - 9:15 pm
Advanced Adults1:30-3pm
Book yours today!!!