



YONSEI MARTIAL ARTS ACADEMY

Effective September 5, 2018

504.465.5353 2530 Florida Avenue, Kenner, LA 70062 www.yonseius

CLASS TIME	MON	TUE	WED	THUR	FRI	SAT
12:00		ADULTS all ranks		ADULTS all ranks		LITTLE EAGLES YOUTH Beginners 9:00-9:45am
4:30	LITTLE EAGLES YOUTH Beginners	YOUTH Int./Advance	LITTLE EAGLES YOUTH Beginners	YOUTH Int./Advance	LITTLE EAGLES YOUTH Beginners	YOUTH Int./Advance ADULTS all ranks 9:45-10:30am
5:15	YOUTH Int./Advance	LITTLE EAGLES	YOUTH Int./Advance	LITTLE EAGLES	YOUTH Int./Advance	
6:00	LITTLE EAGLES YOUTH Beginners	YOUTH Beginners	LITTLE EAGLES YOUTH Beginners	YOUTH Beginners	LITTLE EAGLES YOUTH Beginners	
6:45	BBC	ADULTS all ranks	DEMO TEAM	ADULTS all ranks	ADULTS all ranks	
7:30	ADULTS all ranks	YOUTH Int./Advance	ADULTS all ranks	YOUTH Int./Advance		

Student Expectations

1. Come to at least 2 classes per week!
2. Practice 15 minutes a day!
3. Be your best in class!
4. Place all shoes on the shoe rack!
5. SCAN YOUR ATTENDANCE CARD!
6. Notify Yonseius when you will be away
For more than 3 days!
7. Make up classes promptly!
8. Set a goal for each class!

Black Belt Excellence

Respect
for others and for self,
Discipline
to succeed,
Modesty and Self-Control
Attitude of humility, not boastful
Courtesy and Compassion
for those around you,
Commitment and Perseverance
to stick with something
not matter what obstacles
have to be overcome
in order to finish a task
and finish it well,
Integrity
Being honest and true to your word
to do the right thing
even when it is difficult to do,
Indomitable Spirit
with the spirit that can never be broken.

Rank/Class Key

Little Eagles
4-6 year olds

Beginner
White -Yellow/red

Intermediate
Yellow/Black to Green

Advanced
Green/Red - above

Adults:
All Ranks together

BBC - Black Belt Club
Black Belts - Black Belts