



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 HAPPY EASTER no after school	2 CLOSED	3 all week	4 spring break camp	6 ENDURANCE TESTING	7	8
8	9 After School Resumes	10	11	12	13	14
15	16	17	18	19	20	21 CLOSED IBJJF NY OPEN
22	23	24	25	26	27	28
29	30	1	2	3	4	5

CHECK THE BACK FOR THE MONTHLY NEWSLETTER WITH ALL DETAILS  
& INFORMATION FOR UPCOMING EVENTS!

IF YOU HAVE ANY QUESTIONS PLEASE EMAIL OR SEE ALEX.

[nextevolutionmma@gmail.com](mailto:nextevolutionmma@gmail.com) • (212) 828-5678

What color karate uniform should I wear?

**Kata - White**

**Self Defense - Black**

**Sparring - Mix Match w/ Gear**

**Endurance Testing - Black**

**Kick Tactics - Black**

**Stars & Tips - White**