



# MARCH



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 New Saturday Schedule in Effect
4	5 <b>SPARRING</b>	6	7	8	9	10
11	12 <b>SPARRING</b>	13	14	15 No After School	16	17 
18 Pride BJJ Competition	19 <b>KATA</b>	20	21	22 Parent Participation Classes! Come take class with your child or teen!	23	24
25 <b>KATA &amp; SPARRING</b>	26	27	28	29	30 No After School	31 CLOSED Karate Tournament
1 	2 CLOSED	3 <b>ENDURANCE TESTING</b>	4 <b>ENDURANCE TESTING</b>	5 <b>ENDURANCE TESTING</b>	6 <b>ENDURANCE TESTING</b>	7 <b>ENDURANCE TESTING</b>

CHECK THE BACK FOR THE MONTHLY NEWSLETTER WITH ALL DETAILS

& INFORMATION FOR UPCOMING EVENTS!

IF YOU HAVE ANY QUESTIONS PLEASE EMAIL OR SEE ALEX.

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What color karate uniform should I wear?

**Kata - White**

**Self Defense - Black**

**Sparring - Mix Match w/ Gear**

**Kata & Sparring - White w/ Gear**

**Endurance Testing - Black**