

November 2016 Tran's Martial Arts

Curriculum Days: A Day– Forms B Day– Combinations C Day– Step Defense D Day– Sparring (Wear Gear) E Day– Self Defense

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
<p>CURRICULUM REVIEW WEEK: We will review lower belt curriculum in classes.</p>	<p>TRAN'S ANNUAL FOOD DRIVE –Help give back to our community until Nov. 21st</p>					<p>5  Black Belt Spectacular Lucille Erwin Middle School 10am -CLOSED-</p>		
<p>6 REVIEW STRIPE TESTING WEEK: Students planning to belt promote need to test for their review stripe .</p>	<p>7 C DAY</p>	<p>8 Sparring Gear D DAY</p>	<p>9 Sparring Gear D DAY</p>	<p>10 Buddy Day! A DAY</p>	<p>11 E DAY</p>	<p>12 B DAY</p>		
<p>13 MANDATORY TRADITIONAL TOP WEEK: Students must wear traditional dobok tops to all classes.</p>	<p>14 Sparring Gear D DAY</p>	<p>15 3 Day Holiday Gift Sale-20% Off E DAY</p>			<p>16  A DAY</p>	<p>17 B DAY</p>	<p>18 Red Carpet Promotion Night 5:30 PM No Kickboxing Class</p>	<p>19 LAST DAY FOR OUR TRAN'S FOOD DRIVE! C DAY</p>
<p>20</p>	<p>21 E DAY</p>	<p>22 Buddy Day! A DAY</p>	<p>23 B DAY</p>	<p>24 <i>Happy Thanksgiving</i> -CLOSED-</p>	<p>25 We will have an After Thanksgiving Kickboxing Class 5:45pm</p>	<p>26 -CLOSED-</p>		
<p>27</p>	<p>28 A DAY</p>	<p>29 B DAY</p>	<p>30 C DAY</p>	<p>1 DECEMBER Sparring Gear D DAY</p>	<p>2 E DAY</p>	<p>3 E DAY</p>		