

# HIGH SCHOOL SPORTS PREP CAMP

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JUNE 21 - JULY 28

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This camp is designed for current and future high school athletes (12-16 years old) looking to enhance strength, speed, agility, mobility and recovery. Athletes will meet twice a week and receive pre- and post-assessments. It's time to injury proof your body and leave your competition in the dust.

Tuesdays & Thursdays 4 - 5pm

Cost: \$297 + reg fee

*All athletes receive an AXIS Sports Performance t-shirt upon completion of training.*

Registration is on a first-come first-serve basis. Only the first 12 athletes will be accepted. For more info contact Jake at 352-872-5373 or [Jake@axistrainingstudio.com](mailto:Jake@axistrainingstudio.com)

