



# PILATES REFORMER CLASS SCHEDULE

Tone up and feel your best with in-studio or virtual Reformer classes!

Pre-registration is required for all Reformer classes. ▶ denotes a virtual class.  
Schedule is subject to change.

Monday	10:30am 10:30am 6:30pm	▶ Virtual Pilates Mat Pilates Reformer Group Class Pilates Reformer Group Class	Rachel Nadene Jenny
Tuesday	9:30am	Pilates Reformer Group Class	Ericka
Wednesday	9:30am 10:30am 6:30pm	Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class	Jenny Rachel Nadene
Thursday	7:30am	Pilates Reformer Group Class	Rachel
Friday	8:30am 9:30am 11:30am	▶ Virtual Foam Roller Pilates Reformer Group Class ▶ Virtual Mat Pilates	Rachel Ericka Rachel
Saturday	9:30am 10:30am	Pilates Reformer Group Class Pilates Reformer Group Class	Ericka Jenny



Booking made simple.

Download the **MINDBODY** App to easily check our schedule and book your next class!



**Reformer Class Policies:**

Our studio reserves the right to change/cancel class. Minimum class size is 2, maximum is 6. Client cancellations with less than 24 hour notice will be charged for the missed class.



# PILATES GROUP REFORMER

Build longer, leaner muscles and tone your core with Pilates Reformer!



GET STARTED  
**Special\***

Includes:  
45-min. Private Session  
3 Pilates Reformer Classes

**\$99**

\*For new Reformer clients. Limit one.

**Pilates Reformer Class Pricing**

1 Class	\$25
8 Pack	\$160 (\$20/class)