

Position Title: Coach (Part Time)

Coach Plus



You're Here to Learn More About This Job, So Let's Get Straight to It...

- Everyone wants to get rich. But really, what does it mean to be rich? Is it only defined by an abundance of money and possessions? At Savoy Fitness we think not. Rich speaks to your character and ability to be genuine, humble, and kind. It's a mind frame that helps one focus on those around them; building clients and teammates up to be the best version of themselves. In turn, providing you with fulfillment that can't be satisfied by money.

Why Savoy?

- With a top-notch facility in Clarksville, IN, we are rich in talent at the top of their game who will push clients to become stronger mentally and physically. We are more than a team; we're a family. Our gym has a laid-back environment and is a judgment free zone. Elle Woods said it best, "exercise gives you endorphins. Endorphins make you happy." Nothing is better than working with clients during the best hour of their day, sweating it out, so they can share in their joy when they hit their fitness goals.
- As a Part-time Coach at Savoy Fitness your voice matters. Have an idea for a fun event you want to host? Remember something from college that would help clients in their journey? Speak up, don't be afraid to share. Sharing is caring.
- Will, our owner, a former college athlete at the University of Louisville was taught that growth can be uncomfortable, but a necessity to live a fulfilling life. As a staff we workout once a month, pushing each other through competition and cheer, leading by example. It's okay if you can't do ring muscle ups, deadlift three times your bodyweight, or adhere 100% to your macros. We expect our coaches to hold themselves to a higher standard, not by being perfect but a work in progress.

Are You Willing to Grind, Think Outside of The Box, And Change Lives?

- If yes, then you're exactly who we're looking for! Please read our detailed job description below and apply today! We are looking for long term employees, but we will spend the necessary time (3-4 week interview process) to find the best fit both in abilities and culturally. In order for us to get to know you better and to propel you ahead of other applicants you can send a short 1-2 minute video introducing yourself and your work experience.

Detailed Job Description

Job Summary:

Savoy Fitness is a local gym built upon the values of commitment, accountability, and community. Here at Savoy, we are family.... "It's bigger than 60 minutes." We desire to know our clients directly so we can motivate them to achieve their ultimate fitness goals.

Part-time Coach Function Statement:

To create and implement fitness programs, complete day to day functions, and sell core offerings, and implement Text Message Retention, at Savoy Fitness with the goal of maintaining a 97% retention rate.

Primary Responsibilities:

1. Deliver service of core offerings
2. Sales of core offerings
3. Capture member highlights for social media marketing
4. Text Message Retention

Education Requirements:

- Four-year degree in Exercise Science, Kinesiology, or similar (*Preferred but not required*)
- Intermediate knowledge of physiology, exercise science and basic fitness principles
- Current certification from a nationally accredited industry association such as: ACE, NASM, NCS.
- CrossFit L1 and have belonged to a CrossFit gym for at least two years (*Must be in pursuit of*)
- CPR/AED and First Aid certified (*Must obtain on own before you can coach*)

Expectations: You will work a Part-Time **SET** Schedule, a fixed work schedule that has a determined set of days and hours that remain the same throughout the duration of employment.

- **Coaching:** All of the classes are 60 minutes long and we require coaches to be here for 90 minutes. (For example, 15 minutes to set up before class and 60 minutes to teach, and 15 minutes to close - unless you have back to back classes.)
 - Monday: 4:15 PM - 5:30 PM (4:30 PM Bootcamp)
 - Monday: 5:30 PM - 6:45 PM (5:30 PM Bootcamp or Crossfit)
 - Tuesday: 4:15 PM - 5:30 PM (4:30 PM Bootcamp)
 - Tuesday: 5:30 PM - 6:45 PM (5:30 PM Bootcamp or Crossfit)
 - Wednesday: 4:15 PM - 5:30 PM (4:30 PM Bootcamp)
 - Wednesday: 5:30 PM - 6:45 PM (5:30 PM Bootcamp or Crossfit)
- * **We run dual classes in this hour**
- **Sales:** All Success Sessions are 30 minutes long (Note: Time may vary depending on the person)
 - ONE 75 Minute shift per week. (Ideally before or after coaching/Goal is 2 Success Sessions per shift)
- **Text Message Retention:**
 - TWO 25 Minute Shifts per week after the end of shift

Minimum Requirements:

- Flexible schedule
- One year experience with small, private, and/or semi-large group coaching
- Team player who can also work independently
- Capacity to utilize analytical techniques to problem solve

- Reach workable conclusions by applying common sense
- Excellent written and verbal communication (bilingual in Spanish is a plus)
- Proficient in Microsoft Office Suites (Outlook, Word, Excel, PowerPoint) and Google
- Ability to interpret and write documents (ex. safety rules, operating and maintenance instructions, and procedure manuals)
- Other duties as assigned by Leadership
- Knowledge on how to use Instagram
- Have a smartphone
- Have a laptop (*Preferred but not required*)

Physical Requirements:

- Working Conditions: This position involves working within an indoor office environment around general office equipment and may include non-traditional hours including evenings and weekends.
- Physical Requirements: The employee is occasionally required to stand, walk, sit, reach with hands and arms, climb or balance, stoop, kneel, crouch, and crawl. You must occasionally lift and/or move up to 25 pounds. Specific vision abilities required by this person include close vision, distance vision, color vision, peripheral vision, and the ability to adjust focus.