



WELCOME TO USK Summer Camp 2021!
Family owned and operated, serving the Carolinas since 1995

Thank you choosing USK to be your Summer Camp provider. Please review this packet carefully as we have made changes and modifications given the circumstances of the COVID-19. We are looking forward to a fun packed summer. Please see the rules and regulations and discuss them with your child prior to starting camp. Camp registration is processed on a first- come basis. Registration must be submitted prior to your first week of camp participation. Below are further rules and regulations of our camp.

Annual Registration Fee is \$50 per child and includes 1 camp shirt. Financial assistance is not available to this fee. Registration fees and all other camp fees/ deposits are non-refundable. No exceptions.

Full day service is from 7:30am -5:30pm. Fees vary depending on the deadlines and are listed below. Payment due prior to each week's service. Camp fees cover costs of activities, class, material, transportation, and field trip admission fees. Full Price for 1st and 2nd child. 3rd child \$5 off discount weekly rate.

Drop-in rates: \$99 full day per day. Registration fee is not required for the drop-in rate. Must purchase camp T-shirt.

Camp T-shirts are \$15 each Youth Size/ \$20 each for Adult Size.

~~Carowinds season pass is required to participate in the Carowinds weekly field trips.~~ We will **NOT** go to Carowinds this year due to COVID.

CAMP REGISTRATION DEADLINES:

Weekly Rate	Registration Deadline
205	April 1, 2021
210	May 28, 2021
215	June 28, 2021
225	August 2021

SUPPLIES TO BRING:

1 Lysol Wipes, 2 Paper Towel Rolls, 1 box Gallon Ziplock, 2 Hand Sanitizers, 1 Band-aid box 1 Kleenex box.

DROP OFF / PICK UP: We will operate on an 7:30 am-8:30am drop off. Please be prompt with pick up 4:00-5:30pm. Make drop off and pick up arrangements prior to starting camp. Please make pick up arrangements prior to starting camp in order to provide us enough time to properly clean and sanitize for evening operations. We ask that you dedicate 1 parent/authorized person to do the drop off and pick up. Your child may leave only when you/authorized person arrives. Parents will wait outside at the door and your child will be escorted out. Notify the staff in advance if there is a change in your schedule so we may plan accordingly as your child may be scheduled for a field trip. This includes but not limited to: doctor appointment, not feeling well, going out of town etc.

PAYMENT: Weekly payment is due in the form of check or card *prior* to the week of service, no later than Monday Morning at drop off. We will not be accepting cash at this time. We have limited availability therefore; it is a strict NO REFUND/NO ROLL OVER policy on any payments made. 3% convenience fee will incur with any card transaction.

Checks payable to: USK MA | Returned Check Policy: \$25 fee | We DO NOT accept Amex | \$10 late payment fee
 No siblings discount. 3-5 consecutive days is considered "full week".

LETTER OF ACKNOWLEDGMENT: See last page. The letter of acknowledgement is required to be signed and returned prior to the start of any program at USK in order to enter the building. Given the circumstances, we want to ensure you are familiar with any and all changes that have since been added to USK in order to open and service you for camp.

CAMP ATTIRE

USK 2021 camp shirts required every day for your child's safety and identification. We cannot stress enough that your child wears **clean**, comfortable and appropriate clothing every day. Please keep in mind we are quite active throughout the day. Dangling or excessive jewelry should not be worn during summer camp. Always have a pair of clean socks and sneakers for camp. Flip flops are best for water days. This is for safety as they will be doing activities outdoors for parts of the camp.

FACE MASKS: For the safety and courtesy of yourself and others, face masks are required for entry. Face masks must be worn inside the building and whenever social distancing is not an option. We recommend having a few extra in your bag.

PERSONAL HYGIENE: Proper healthy hygiene must be practiced and maintained including but not limited to the trimming of one's fingernails and toenails. Please be mindful of body odor that can be bothersome to others. Teach your child the importance of proper hand washing after using the bathroom, proper way to sneeze/cough, not touch your face etc.

HEALTH and WELLNESS SCREENING: If you don't feel well please stay home and contact your instructor. You will be directly sent back home if you show signs of being ill. The staff will visually observe for any visible symptoms.

Prior to entering the building, each student will go through a wellness screening and have their temperature taken. We will maintain a record with a non-contact forehead temperature reader. Temperature must be below 100.4 degrees to enter. Only the child will line up at our floor markers 6 ft apart outside waiting to enter the building. Parent will wait for the instructor to give them the thumbs up before leaving the parking lot. For your safety and others, you must have a face mask to enter the building. Only staff and students will be allowed to enter the building.

SICK/ILLNESS POLICY:

Parents will be contacted if your child is sick or not feeling well. Do not bring your child to camp if they are not feeling well/sick. Help us minimize the risk of spreading it to other children and staff. Any injuries or any child feeling sick should be reported to the staff immediately. If you are unsure if your child should or should not attend camp, make the call prior to coming to USK.

SPF: Apply at home prior to arrival. Supply your child with a stick/spray so they can apply on their own as needed. Strongly recommended to protect against the sun. Advise the staff if your child is fair skinned. If you require your child to wear a swim shirt notify the team.

ELECTRONIC DEVICES AND PERSONAL BELONGINGS:

Cell Phones are not required at our summer camp. Children will not have access to the USK WIFI. Devices can only be used with permission and at appropriate time. All games/ movies etc. must be age appropriate and pre-approved. All personal belongings including but not limited to shoes, toys, games, swimming gear/clothes must be sent and in a book bag or plastic container with a lid. USK Martial Arts/staff are not responsible for any lost, stolen or damaged personal items. Write your child's name on **ALL** of their personal belongings.

BEHAVIOR/ DISCIPLINARY ACTION:

Our school is a No Bully Zone. Any form of bullying will not be tolerated. No teasing, poking fun or rude joking. No abusive language, negativity, hostility, or horseplay will be tolerated. Keep your hands and feet to yourself always. Respect personal space. Each offense will be resolved case by case and parents will be notified verbally or via email. Temporary or permanent suspension from camp will be issued for any child with continuous inappropriate behavior/for not abiding by the rules and regulations of summer camp and USK Martial Arts. Dependent on the degree of the offense the disciplinary action/reflection time will consist of: Verbal warnings, temporary separation from the group, discussion with the master, fitness exercise such as running laps or burpees, phone call/letter home, loss of privilege and or removed privilege of field trip/activity. A student may be sent home for disciplinary issues or if their actions may cause harm to another student.

MARTIAL ARTS/FITNESS:

Classes will consist of: Martial Arts, exercise, fitness, endurance, running, weapons and obstacle courses. Class times dependent on the schedule and will range between 30-60 minutes and can be spread throughout the day.

NON-CONTACT: To practice social distancing and safe practices, we will have a NON-Contact policy. As much as we love to, we will be refraining hugs, high fives, and close contact with one another. We will not be sharing equipment/toys and we will be sanitizing often throughout the day. We will be washing and sanitizing hands often throughout the day.

NUTRITION/LUNCH:

We are a nut free school. Bring a refillable water bottle each day. Unlike daycare facilities, we do not provide meals. Please pack your child a daily healthy lunch along with 2-3 snack options to stay energized throughout the day. We have a microwave and refrigerator to widen your variety of lunch options for your child.

OPTIONAL EXTRA SPENDING CASH:

We will let you know if/when this is necessary. This is not required but, you may provide your child with spending money for trips. Please keep it to a \$20 maximum. Money must be in a zip lock with your child's name on it. Staff will hang on to it for your child. Receipts will be provided when available from the venue.

SCHEDULE: We will **NOT** be going to Carowinds this season. While this is tentative, we have redesigned our daily schedule to be more aligned with the state/federal guidelines. We will go to parks and select field trips contingent upon their safety protocols and operations. Schedule may be adjusted accordingly as needed due to weather, unexpected changes etc. without advance notice.

Time	Task	Details
7:30-9:25	Drop Off Time / Electronic Time/ Hand Washing	Student Check-In Procedure
9:25-9:45	Morning Snack Time	Bring a healthy snack
9:45-10:30	Exercise, stretching and Martial Arts Drills	Focused on Balance, Agility, Accuracy, Discipline and Power
10:30-12:10	Hand Washing/ Field Trip / Outdoor Play/ Quiet Time/ Group Play	Weather Permitting
12:10-12:45	Return From Field Trip Lunch	Bring your lunch
12:45-2:15	Movie	Indoor Movie
2:15-2:35	Korean Basic Language Learning	
2:35-3:25	Outdoor Play/ Hand Washing Afternoon Snack	Weather Permitting
3:25-3:35	Daily Challenge	Try to get on the leaderboard
3:35-4:30	Group Activity/ Quiet Time	Pick up Time from 4-5:30pm
4:30-5:30	Hand Washing/ Afternoon Snack Pack up, clean up, Pick Up Time	Bring a healthy snack

FIELD TRIP SCHEDULE

We have field trips already scheduled and on the calendar. If weather or other factors out of our control affects the field trip of that day, we will have alternative activities scheduled. The daily schedule is tentative and may be modified to fit around the field trip times. All students must go on field trips; no child will be left behind at the school as all the counselors travel for field trips.

	MON: Field Trip	TUES: Indoor	WED: Park	THUR: Movie	FRI: Water
WEEK 1	DAVE & BUSTERS *game card if you have one	Games, activities, crafts, races, board games, hands on activities, challenges	Rea Farms	Bring Extra \$ for Snack Combo. We will let you know once we know the cost.	Tentative Pool Days on Friday's *Swimwear Towel Flip Flops
WEEK 2	KATE SKATE *socks		Riverwalk		
WEEK 3	HIGH SEAS PUTT PUTT		McMullen Creek Greenway		
WEEK 4	PELICAN'S		Crooked Creek		
WEEK 5	BOWLING *socks		Freedom		
WEEK 6	KATE SKATE *socks		Rea Farms		
WEEK 7	HIGH SEAS PUTT PUTT		Riverwalk		
WEEK 8	PELICAN'S		Hornets Nest		
WEEK 9	LASER TAG		McMullen Creek Greenway		
WEEK 10	BOWLING *socks		Crooked Creek		
WEEK 11	CHUCK E CHEESE		Rea Farms		

Carowinds

Do NOT bring a Carowinds voucher; Carowinds Season Pass Card Only. Gold is not required; silver will suffice. Season Pass to Carowinds is required and not included or provided by USK. Carowinds visits start the 1st week of camp and we will go twice each week; 1 day for rides and the other for water park. We will hang on to the pass. If you would like to take the pass home; notify the staff in advance and we will place it in the child's lunch box. Come dressed for swimming on water park days and be sunscreened prior to arrival. Each camper should have their own sunscreen and Camp counselors will reapply as needed. Bring a towel and shoes that are easy to slip on after getting wet. On days we go on rides, wear sneakers and comfortable clothing. If you choose to purchase the Carowinds Meal Plan or Drink Plan, notify the staff. The Meal Plan will only be used on water park days as we stay at Carowinds longer on these days.

COVID-19 LETTER OF ACKNOWLEDGMENT AND DISCLOSURE

STUDENT / FAMILY

This should be initialed and signed by BOTH parents if student is under age 18.

Please read and initial each statement below.

1. _____ I understand that during this COVID-19 Public Health Emergency I will NOT be permitted to enter the facility beyond the designated drop-off and pick-up area unless I am a student coming for class designated for me. If my child is in class, I am to wait in the car until class is complete. I understand that this procedure change is for the safety of all persons present in the facility and to limit to the extent possible everyone's risk of exposure.
2. _____ I understand that IF there is an emergency requiring me to enter the facility beyond the designated drop-off and pick-up area, I MUST be free of fever, sanitize my hands before entering, remove my shoes and wear a mask. While in the facility I must practice social distancing and remain 6ft from all other people, except for my own child.
3. _____ I understand that to enter the studio premises a student must be free from COVID-19 symptoms. If, during the day, any of the following symptoms appear, student will be separated from the rest of the people in the studio. If it is a child, a parent will be contacted, and child MUST be picked up from the studio within 15 minutes.
Symptoms include,
 - fever of 100.4 degrees Fahrenheit or higher
 - dry cough
 - Shortness of Breath
 - Chills
 - Loss of taste or smell
 - Sore Throat
 - Muscle achesWhile many of these symptoms might be non-COVID-19 symptoms we are proceeding with by assuming they are Covid-19 during this Public Health Emergency. These symptoms typically appear 2-7 days after being infected so please take them seriously. You will need to be symptom free for 72 hours before returning to the facility.
4. _____ I understand that as a student I must always wear a mask while in the studio and on studio premises. I must have a doctor's note if I have a medical condition in which would prevent me from wearing a mask.
5. _____ I understand that I must supply my own hand sanitizer and Lysol wipes and use it according to CDC recommended handwashing procedures. USK Martial Arts will have these items available in the event a student does not have his/her own. However, I am aware that supply is limited.
6. _____ I understand that students are expected to come prepared in uniform with belt properly tied along with their own kicking paddle.
7. _____ I understand that I am to bring my own water bottle and only the refillable water machine will be available for use. Water fountains will be blocked off.
8. _____ I understand there will be a student check-in procedure prior to entering the premise. This will consist of but not be limited to lining up outside on the social distancing marker, no more than 5 minutes prior to class start time. I will wait to have my temperature checked in which it will be recorded, sanitize my hands, wear my mask and remove my shoes. The staff will directly escort me into class and I will line up at my designated marker and await further instruction.
9. _____ I understand that students MUST remove their shoes at the entrance of the facility. Shoes will remain in a designated location until class has ended.

10. _____ I understand that outside of martial arts, all students will comply with all state, county or local stay-at-home orders, and all contact with persons living outside our household will follow all state, county or local stay-at-home orders. I will follow any recommendations from the CDC.
11. _____ I will immediately notify USK Martial Arts management if I become aware of any person with whom my child or I have had contact exhibits any of the symptoms listed in Number 3 above, is advised to self-isolate, quarantine, or has tested positive, or is presumed positive for COVID-19. Further, I will immediately notify USK Martial Arts management if anyone from my place of employment is presumed positive or tests positive for COVID-19 whether or not I have had direct contact with that person.
12. _____ I understand that Students entering our studio will be in contact with children, families and employees who are also at risk of community exposure. I understand that no list of restrictions, guidelines or practices will remove 100% of the risk of exposure to COVID-19 as the virus can be transmitted by persons who are asymptomatic and before some people show signs of infection. I understand that I play a crucial role in keeping everyone in the facility safe and reducing the risk of exposure by following the practices outlined herein.
13. _____ I understand that USK Martial Arts normal policies, conduct of behavior and rules are still in effect. The COVID-19 does not qualify as grounds for not adhering to the above.

I, _____ certify that I have read, understand, and agree to comply with the provisions listed herein. I acknowledge that failure to act in accordance with the provisions listed herein, or with any other policy or procedure outlined by USK Martial Arts will result in disciplinary action up to and including termination of membership. I acknowledge that my membership will be terminated if it is determined that my actions, or lack of action unnecessarily exposes another student, their family member, or instructor to COVID-19.

Child's Name: _____ DOB: _____

Child's Name: _____ DOB: _____

Child's Name: _____ DOB: _____

Parent's Print Name: _____

Parent Signature

Date

Parent's Print Name: _____

Parent Signature

Date

USK Team Witness

Date



SUMMER CAMP APPLICATION

! This entire form must be completed to be registered!

Select your sessions:	Dates:
	June 1-4 (Tues-Fri)
	June 7-11
	June 14-18
	June 21-25
	June 28-July 2
	July 5-9
	July 12-16
	July 19-23
	July 26-30
	Aug 2-6
	Aug 9-13
Tentative	Aug 16-20 Tentative
Full Day 7:30am-5:30pm	

STAFF USE ONLY: Date Submitted: _____ Registration Fee: \$50 Method: _____ Camp Info Packet sent: Yes/ No 1 st T-shirt _____ Weekly Rate: _____ # of Weeks: _____ Notes: _____ Staff Initial: _____
Extra service: optional \$20 per week <input type="checkbox"/> Late pick up after 5:30pm-6:15pm

Child Name: _____ Age: _____ Sex: M / F

Highest Grade Level completed: _____ Swim level: (Circle one) Non-Swim / Beginner / Intermediate / Advanced

Child's T-Shirt Size: (Circle one) Youth S / Youth M / Youth L / Adult S / Adult M Circle Quantity ordered: 2 | 3 | 4 | 5 |

Carwinds Season Pass: (Circle one) Silver / Gold (must have a pass prior to first session) 8 Digit Quick Code: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Parent INFORMATION

Mother's Name: _____ Father's Name: _____

Cell Phone #: _____ Cell Phone #: _____

Additional Phone #: _____ Additional Phone #: _____

Primary E-mail Address: _____ (must be valid to process registration)

Credit Card Information: (must be completed to process registration)

Card Type: _____ (American Express not accepted) Card Number: _____

Expiration Date: (Month/Year) _____ / _____ Zip Code: _____ CVV: _____

In the event a nonpayment by the due date, I authorize my credit card to be charged for the amount due plus late fees.

Initial here X: _____

Person(s) Authorized to pick up child or Contact in Case of Emergency:

Name: _____ Phone #: _____

Release for Emergency Care

I hereby give my consent to any emergency facility and physician to administer necessary treatment to my child (Full Name) _____ in the event of an emergency at which time I cannot be reached. I give consent to transport by ambulance if situation warrants it.

MEDICAL HEALTH NOTIFICATION

Does the participant(s) require Medication: Yes__ No__ If yes, Who: _____

Medicine: _____ Dosage: _____ Time/Frequency: _____

Prescribing Doctor: _____ Phone #: _____

PHYSICIAN'S NAME/HEALTHCARE FACILITY

Child's Allergies: _____

Child's Medications: _____

Other Health

Concerns/Conditions: _____

Physician Name/Facility: _____ Phone # _____

Health Insurance Company: _____ Policy #: _____

ACTIVITY/PROGRAM FIELD TRIP LIABILITY RELEASE/AUTHORIZATION: I hereby give permission for the applicant(s) to participate in all program activities, including field trips in vehicles and agree to release US-K Martial Arts, its employees, and staff from all liability arising from any accident/harm/injury by the participation of my child(ren) in the program stated above. Parent/legal guardian understands that accidents and/or injuries could occur during activities and is willing to accept any and all risks involved with having their child/children attend camp at *US-K Martial Arts*. By way of copy of this form, I authorize the staff and employees of US-K Martial Arts to obtain medical/hospital treatment for the above participant in the event of an emergency. The undersigned for the purpose of enjoying the benefits of instruction agrees to the below conditions and agrees to pay fees as described in the payment agreement. It is understood and agreed that any tuition/fees/payments should not be returned to the enrollee/parent/guardian for any reason. I willingly agree to obey the instructions in all ways, and it is understood and agreed that this Center shall not be liable for any damages or injuries from lessons. The enrollee understands that there is a risk of personal injury involved in said course of instruction and with this knowledge agrees to indemnify and save harmless the Center from all losses caused by accident or injury to the enrollee or to third persons who may be enrollees by the Center, in the event that either the enrollee or said third person is injured in any way during the proper performance and execution of martial arts instruction. Because of the physical demands of martial arts instruction, enrollee understands that he or she must be in good physical condition to participate in said instruction and hereby certifies that he or she is in good physical condition. I pledge never to use the knowledge gained at this Center except to protect the wellbeing of the defenseless of myself. I, the undersigned, upon being permitted to join, will obey the rules, and will endeavor to conduct myself in a manner of a student in my daily life and in class, and will never do anything to bring disgrace upon the Center. I understand and accept that I may be photographed or videotaped during class, camp, events, testing etc, for advertisements, commercials, etc. for the use of the Center. I give consent for my child to leave US-K Martial Arts site, participate in authorized trips and to ride in authorized vehicles for the purpose of transportation in connection with the US-K Martial Arts Camp. I verify that the information provided by me on this form is both accurate and complete, I understand there are no refunds and I understand and agree to comply with the rules and regulations herein described.

I have read and understood the rules and regulations provided regarding summer camp and I agree that my child will adhere to these rules. I understand that field trips/ daily scheduled events may vary dependent on weather, field trips, etc. I understand policies regarding payment and all other sections listed in this packet. I understand there are No Refunds, roll over or credit for any payments made to USK and that I am responsible for preparing my child for camp.

Child's Name: _____ Date: _____

Parent's Name: _____ Date: _____

Parent / Legal Guardian Signature: _____ Date: _____

ALL sections must be signed and completed before registration process can be completed. No Exceptions.