



Implant Home Care Instructions

So, you've received a new implant. That's exciting! Here are some tips to use at home to make sure it heals well:

- Refer to the “Extractions Home Care Instructions” for what to expect for normal healing.
- The most common experience when healing after an implant procedure is the feeling of pressure. This is normal and will go away in a few days.
- Implants, although made of titanium, do not make you a bionic super-human. Do not show them off to your friends by tapping on it, opening bottles with it, or purposefully chewing directly on the implant. In the few months after the implant is placed, it is in a weakened state and needs to fuse to your bone. It's important to leave it alone until then.
- Depending on your specific situation, the doctor may have put a cover screw on the implant and buried it below your gums. In this case, you won't know it's there until the implant receives its crown. Sometimes, the doctor can put a healing cap on the implant. This will be a metal stump that you will notice through your gums. It is not a tooth and is not to be used to chew. This cap conditions your gums for when the impression is made for your crown.
- If your implant happened to be in an ideal situation and is in an area in your mouth that is visible when you smile, the doctor may have put a temporary crown on the implant. This is just for looks for now, and you should avoid stressing the implant. This means you should try to chew elsewhere and resist playing with it with your tongue.

If things go well, you should be getting your crown in no more than a few months. Awesome!

