



Five Rings ESP



Five Rings' takes the following very seriously:

child development & the use of age appropriate learning objectives, curriculum, language, character development / life skills, & emotional and mental resilience – helping children to grow into the best versions of themselves through exercise, fitness, activity, self defense skills and anti-bullying practice. These passionate beliefs coupled with the recent realities of dealing with a pandemic and the need for social distancing has given us an opportunity to serve our communities and families in a different way.

Beginning Monday, Nov. 30* Five Rings will launch its E-Learning Support Pods(ESP) to help parents with extra educational support, structured activities and supervised time for their children in the midst of COVID-19 and the necessary social distancing practices.

* We need a minimum of eight participants to pre-register with a deposit of \$350 by November 20th for the program to launch.

We are here to help you get through this difficult time by providing the following:

1. Support for youth ages (grades K – 8)
2. Individual learning center for each child. Child's family supplies their own
 - a. Laptop / Chromebook
 - b. Headphones
 - c. Snacks
 - d. Art materials(if desired)
 - e. Extra games or activities(if desired)
3. Structured and supervised learning environment:
 - a. Virtual learning support – IT support + environmental structure
 - b. Supplemental Learning Activities may include, art, music, math, social studies, health, or a special guest activity.
 - c. Choice centers may include; games, puzzles, reading, etc
 - d. Recess/PE will include a variety of options available to get students moving for brain breaks in between classroom meetings and homework.



Five Rings ESP



ENROLLMENT

Parents are required to ensure that the deposit and all forms are completed in their entirety and returned to the ESP Provider before the child(ren) enters the program. Any family entering the program after it's start date will be prorated for the remainder of the month. If you refer a family and they sign up you will receive a \$100 credit towards a month of ESP tuition.

ESP OPERATIONAL HOURS:

Monday thru Friday: Group A from to 8:30 am - 12:30 pm

Saturday and Sunday: CLOSED

Behavior Management

We recognize the importance of promoting acceptable behavior and using positive methods of discipline in ESP. We believe that all children have the right to corrective behavior strategies that foster self-esteem, respect, tolerance, awareness and self-control. Behaviors which hurt others emotionally or physically or damage property are real problems and will be dealt with in an appropriate manner. We aim to ensure all groups are safe, fair and considerate to all.

Discipline Goals:

- To promote self-discipline and regulation.
- To develop awareness of feelings and appreciation of others' feelings
- Increase student's awareness of consequences of their behaviour on others and themselves
- Encourage students ability to socialize and get along with others
- Reinforce positive and reduce negative behaviour.



Five Rings ESP



Our strategies

Praise & Encouragement of positive behaviour so that qualities of kindness, thoughtfulness and tolerance are acknowledged and encouraged. Reasoning to discuss why students should or should not be doing something so they can relate to consequences. Phrasing directions in a clear and positive way. Explaining expectations and using “do statements more than “don’t.” Setting rules which are basic and simple and give explanations as to why we have the rule. Applying the rules by informing students, explaining why we have the rule and informing staff of the rules and how to apply them.

Snacks and Lunch

The ESP shall not provide a mid-morning snack, lunch, and or a mid-afternoon snack to enrolled children. However, students are welcome to bring snacks from home. Snacks that contain food allergies identified within learning cohorts will not be allowed. You will be notified via email if your child’s group has food restrictions.

Youth Development Program Fees per Month:

- First Child: \$ 693 per month, (\$160/ per week, based on monthly average of 4.33 weeks per month)
- Second Child 15% off: \$589 per month
- Three + children: \$288 per month
- Family Cap: \$693+ \$589 + \$288 = \$1,570 (tuition is capped at \$1570)

Drop off and Pick Up

The ESP Facility is open from 8:10 am - 12:45 pm Monday - Friday.

For the morning session, students may arrive no earlier than 8:10 am and exit the facility no later than 12:45

During COVID-19, we are:

- Requiring students wait outside the building until they are able to complete their health check.



Five Rings ESP

- Welcoming one student at a time: Students/Parents/Caregivers must wait for a previous student to enter or exit before dropping off or picking up.
- Requiring parents or caregivers and students to wear a face-covering when dropping-off or picking-up.
- Requiring parents or caregivers to maintain physical distance while waiting for staff.
- Providing hand hygiene stations at the entrance of the facility, so that children and staff can clean their hands before they enter.
- Providing a hands-free drop off and pick up system

We are recommending but not requiring:

- Families or caregivers have the same person provide transportation for the child every day.

COMMUNICATION BETWEEN PARENT & PROVIDER

The Parent herein acknowledges and agrees to notify Five Rings' ESP of any changes. Report any absences as soon as the parent becomes aware that the child will be unable to attend on a particular day. In addition, the Parent shall notify the Provider of any changes in their child's health and or illness immediately upon discovery.

The Provider herein acknowledges and agrees to provide a week's notice to Parents of any changes to policy and procedures, any potential or schedule rate increase, any child behavior issues or discipline, anticipated Provider Holidays and any other changes that could affect the ESP services provided when able.

ATTENDANCE

Vacations & Absences

- The Parent shall provide written notice for any planned family vacation. There will not be any adjustments to fees for the time a family is away for vacations.
- In the event of illness that takes place over a week long, that week will be given back as a credit towards the following month of enrollment.



Five Rings ESP

ILLNESS POLICY

In the event that your child should show any signs of an oncoming illness, please notify Five Rings ESP, as the Provider has the obligation to protect the other children at the ESP facility from illness whenever possible. If your child displays any symptoms or conditions below, they should be kept home or shall be sent home if the following conditions below becomes apparent:

- Fever over 100 F
- Vomiting
- Skin rash
- Persistent cough
- Heavy nasal discharge (unless related to allergy and
- accompanied by a doctors note)
- Diarrhea
- Pink Eye
- Sore Throat
- Upset Stomach
- Parasites (e.g. nits, lice, crabs, scabies, etc.)
- Communicable diseases (e.g. chickenpox, measles, ringworm, scarlet fever, COVID19 etc.).

A child may also be sent home when the Provider believes, in their judgment, that the child’s condition poses a threat to the health or safety of other children or staff in the program. Parents of children enrolled in the ESP will be notified of any contagious illness or diseases that their child(ren) may have been exposed to. In the event a child becomes ill at the facility, he or she will be separated from the rest of the children and the Parent will be called. The Parent, or Authorized Representative, MUST pick-up the child within one hour after notification of illness. After one hour, the Parent will be charged any additional costs related to private, isolated care.

The child should be symptom-free for 24 hours before returning to the ESP facility.

WITHDRAWAL OF CHILD BY PARENT

In the event, the parent wishes to withdraw their child from ESP, the Parent MUST provide one month (30 days) advance written notice before withdrawing the child from the program.

TERMINATION BY PROVIDER

- A. Provider Required Advance Notice



Five Rings ESP

The Provider may terminate any child's enrollment upon 1-week advance termination notice to the Parent for any reason. If Provider's notice of termination occurs in the midst of a longer pre-paid payment period, then a prorated amount will be refunded to the Parent after first deducting any outstanding balances owed.

B. IMMEDIATE TERMINATION

The Provider may terminate a child's enrollment in ESP immediately if any of the following conditions arise:

- (1) At the Provider's sole discretion, it is decided that the child's behavior or that of the Parent's poses a significant threat to the physical, emotional or mental health or well-being of any of the children, staff, the program or other persons on the Provider's premises, and the Provider is unable to reasonably eliminate the threat.
- (2) The child is picked up late more than five times within any thirty (30) day period.

If pursuant to any of the reasons set forth above, the Provider terminates the child's enrollment in the midst of a payment period (monthly or weekly); a prorated amount will be refunded to the Parent after first deducting any outstanding balances owed.

The Parent acknowledges that they received a current copy of this ESP Handbook Rules, Procedures, and Code of Conduct and herein agrees to comply with all the terms and conditions of ESP. Parents acknowledge and understand that their cooperation with ESP is essential to protect the safety of our community. Your support and participation in this program is greatly appreciated and will ensure Five Rings will be there for you and your family when this Pandemic crisis is over.

Do. Daily. Forever.

If you have any questions, feedback, or concerns please reach out to us at FiveRingsJiuJitsu@gmail.com

Or give us a call or text at

Main Academy at (503) 327-8265 [Call only]

Coach Tom at (503) 970-4894

Coach Sarah at (503) 720-8826

Coach Dan at (971) 344-3852



Five Rings ESP



E-Learning Support Pod (ESP) Agreement

I, _____, am registering my child(ren) into the E-Learning Support Pod (ESP) program at Five Rings Jiu Jitsu. I know that it is a minimum of 2 month commitment and I must give 30 days notice prior to terminating my child(ren)'s participation in the program.

Child(ren)'s info:

Name	D.O.B.	Age	Grade	School
1.				
2.				
3.				

- Attached is a complete copy of my child(ren)'s current school schedule.

I give Five Rings permission to charge my MindBody membership \$350 as a down payment per child (which is fully refundable if the program does not run). The program is targeted to begin on Monday, November 30.

Tuition

- 1 child - \$693
- 2 children (15% of 2nd) - \$693 + \$589 = \$1,282
- 3 + children / Family Cap - \$693+ \$589 + \$288 = \$1,570

Family billing preference:

___ pay tuition in full at the beginning of the month / 1 payment / 1st of the month

___ bi-weekly payments of half of the tuition / 2 payments / 1st and 15th of the month

Parent - Print

Parent – Signature

Date