



Lee's Champion Taekwondo Academy IN PERSON CLASS Guidelines

Lee's Champion Taekwondo Academy (Champion Youth Sports) is doing everything we can to protect you the public as well as our staff and volunteers. To this extent, we will be following the Center of Disease Control (CDC) and local health department guidelines with regard to social distancing practices in order to reduce the spread of Novel Coronavirus, or COVID-19.

If we all work together, we can overcome the spread of this virus as well as other infectious diseases. We welcome you to our facility!!

LCTA Safety Measures:

1. Students will work from their typical dots, which are now measured out by 6'.
2. **Socks** or TKD shoes are required on the mat. TKD shoes must be from LCTA pro-shop and for in door only. Please contact Mrs. Lee to order
3. All students and parents are **REQUIRED** to wear a face mask in parking lot and dojang.
4. All students will be given a squirt of hand sanitizer prior to class starting.
5. Parents (except Tiny tiger) may **NOT** come in the dojang to observe the class, facebook live will be able for official LCTA members
6. Parent must drop off the child **no earlier than 5 minutes prior to class** and leave parking lot and come back to pick up at class ending time. **Parking lot is only for instructors and the family who are taking class with their children.**
7. For **picking up your child after class**, please wait at entrance for your child and bring your child to your car rather than let your child go to your car by himself/herself for safety
8. At the end of every day, we will be wiping all contact surfaces (doorknobs, light switches, equipment, countertops, etc. All mats, equipment and bathrooms will be disinfected at the end of each evening. There is a cleaning checklist that is signed off on nightly by the staff.
9. All employees will take their temperature before leaving to come teach.

Member Obligations:

1. Absolutely **NO** student is allowed in the facility if they have been in contact with a confirmed case of COVID, experiencing a cough, shortness of breath or sore throat. We are depending on parents to ensure this rule is followed to the letter.
2. All students must use the restroom **PRIOR** to class starting. If there is a need during class, of course it is available, but they will not be allowed back on the mat. This is a typical ongoing practice. If used prior, during or after class – the student **MUST** wash their hands and wear shoes into the restroom.
3. Parents/spectators more vulnerable or at-risk to COVID as identified by the CDC – including those who are over the age of 65 or those who have chronic medical conditions – we ask **NOT** to enter the facility.
4. Uniforms must be washed prior to each class and strict hygiene will be required.