



## H.Y.P.E. Half-Year Prep Experience

At Premier Athletics, we know the benefits and life lessons learned in the sports of cheerleading and dance have long term effects our “family of athletes” will use throughout their lifetime. We strive to produce not only the strongest athletes, but the strongest individuals with positive coaching and the most progressive training available.

Premier Athletics is leading TN again by organizing H.Y.P.E. teams— Half Year Prep Education. This type of team gives individuals age 5-18, who are involved with school/Pop Warner teams or who love cheerleading but can't commit to a full length season the opportunity to develop their skills and become better performers! These teams will work together, create routines and compete in local competitions. The main goal is to develop the skills of every athlete while improving the performing aspects of cheerleading and WILL not be focused on competition only!



*Who's Who at Premier*

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1022 Freedom Church Road  
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(615) 452-2345

**Parent Meetings**  
**Oct. 12, 7pm**  
**Oct. 16, 5:30 pm**

## Team Selection

### Skill Evaluations: October 24, 2020, 10am -2 pm

Register for team selections at

<https://www.amilia.com/store/en/premier-athletics-gallatin/shop/memberships?> \$40 registration fee applies

Every athlete will be placed on a team. No experience is necessary. The level/age group of the team(s) will be determined by the athletes that attend evaluations. Each athlete will be evaluated on their skills; jumps, tumbling, stunt, motions, etc., to determine the best level for our team(s). We pride ourselves on creating a non stressful evaluation process. This is not a TRYOUT. Once again, every athlete will be placed on a team.

HYPE teams will have one two-hour practice per week beginning the first week of November; their practice day will be communicated when teams are announced. Athletes may receive selected extra practices throughout the season to learn choreography and prepare for competitions. While the last competition will be held Mid-April, athletes may continue to practice through the remainder of April in preparation for All-Star tryouts in May.

## Practice Schedule

Total Tuition and Fees-\$1,020

We divide this into 6 equal payments of \$170/month

Payments automatically process on the 1<sup>st</sup> of the month Nov-April

What's included: Tuition for practices, team t-shirt, membership fee, choreography fee, music licensing fees, practice bow, competition bow, and competition registration fees.

We will use the same uniform as last season. Athletes requiring a new uniform will be charged the \$175 uniform cost on January 1.

HYPE athletes can wear any white cheer or PA All-Star shoe. All-Star shoes available for purchase from the pro shop.

USASF Registration: Parent/guardian will be responsible for registering and paying the \$35 annual membership fee for their child(ren) with USASF for the season. Directions will be provided after teams are announced.

## Cost

Americas Best – Nashville, TN – Municipal Auditorium  
February 20, 2021

One Up Championships – Nashville, TN – Opryland Hotel  
March 27 & 28, 2021

Cheersport– Nashville, TN – Municipal Auditorium  
April 17, 2021

## Competition Schedule

## Gym Facility Guidelines

- Participants are not permitted to compete, fill in for or participate with any other All-Star Cheerleading or Dance team while currently enrolled in a Premier Athletics program. For more information go to [www.usasf.net](http://www.usasf.net)
- Due to COVID-19, athletes, parents and staff must follow Health Safety Guidelines put in place.
- Due to COVID-19, the lobby and viewing area are closed .
- We are honored to work with your children and we do not take that task lightly. Please also understand that participation in the program is a choice and a privilege. Any parent or athlete who displays negative behavior or is counter-productive to the overall success of the program can be dismissed from the program at anytime without warning. This includes social media.

## Dress Code & Policies

- All athletes are required to wear appropriate practice clothes during all practices or classes.
- All females (regardless of age) **MUST** wear a sports bra or tight fitting tank top under a t-shirt.
- **NO** jewelry of any kind or gum is permitted during practices, classes or competitions. This policy is for the safety of the athletes as they practice or perform.
- **EVERY** athlete **MUST** follow the dress code while attending/participating at competitions.
- **ALL** cell phones, music/video players and other electronic devices need to be turned **OFF** during practices or classes. If at all possible, those items should be left at home or in the car. The gym is not responsible for stolen, broken or misplaced items.

## ATTENDANCE POLICY – YES, IT MAKES A DIFFERENCE!

- All practices are **MANDATORY** and each athlete should be **ON TIME**.
- If you are going to miss a practice please notify your coach.
- Please be **ON TIME** to pick up athletes from practice.

## Information & Social Media Outlets

Information and updates can be found on our website [www.premierathleticsgallatin.com](http://www.premierathleticsgallatin.com)

- **BAND APP**
  - It is the **main** way we communicate! Team and Program information. You will be added to the group upon joining the program.
- **EMAIL**
  - It is your responsibility to make sure that we have your **current email address** so you can receive all pertinent information.
  - We will do our best to always answer your emails within 48 hours.
  - Please use email , **not social media/text**, to contact the gym, coaches, etc.
- **SOCIAL MEDIA**
  - Premier Athletics
    - [www.facebook.com/premierathletics](https://www.facebook.com/premierathletics)
    - Instagram - premierathletics1
  - Gallatin
    - [www.facebook.com/pagallatin](https://www.facebook.com/pagallatin)
    - Instagram – pa\_gallatin