



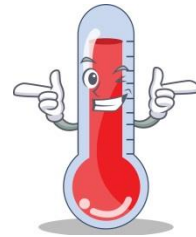
Be Smart. Be Safe. Be Well!

Please help us take care of you, and others by following these rules:

If you are feeling ill, rest and relaxation is the best medicine. Stay home.



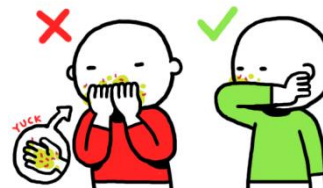
We will be screening your temperature upon entry – see a staff member immediately for assistance.



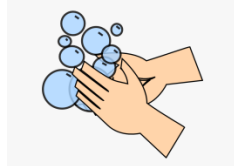
Please limit the items you touch when in the studio and be sure to thoroughly wipe down equipment.



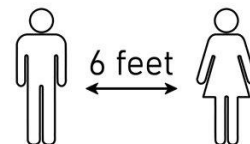
If you cough or sneeze, cover your mouth “Dracula” style.



Wash your hands frequently.



Stay socially distanced.



Be prepared to follow the requests of the trainers for additional safe practices during your time in the studio.