



# KRAV MAGA WORLDWIDE

7264 Fishers Crossing Drive  
Fishers, IN 46038

INDY

KRAV MAGA... "a workout that  
just might SAVE your LIFE"

www.KRAVMAGAINDY.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 - 9:00 AM						RM1: GROUND
9:00 - 10:00 AM	LEVEL 2 & 3		LEVEL 3 & 4		BAG/FITNESS	L 2 & 3 / INTRO TO FIGHT
10:00 - 11:00 AM	LEVEL 1		LEVEL 1 & 2		LEVEL 1	RM1: BAG/FITNESS
						RM3: LEVEL 1
	<b>CLOSES MID DAY FROM 11:30- 4:00 PM</b>		<b>CLOSES MID DAY FROM 11:30- 4:00 PM</b>		<b>FRIDAY &amp; SATURDAY CLOSES AT 12:00 PM</b>	RM2: YOUTH KMX *
11:00 - 11:45 AM						RM3: KIDS KMX **
4:30 - 5:15 PM				(4:30 - 5:15)		
4:45 - 5:15 PM	KMX KIDS	KMX KIDS	KMX KIDS	KMX YOUTH LEVEL 1/2		
5:15 - 6:00 PM	KMX YOUTH LEVEL 1/2	KMX YOUTH LEVEL 1/2	KMX YOUTH ALL 1-4	KMX YOUTH LEVEL 3/4		
6:00 - 7:00 PM	RM3: LEVEL 1	KMX YOUTH LEVEL 3/4	RM3: LEVEL 1	RM1: KMX KIDS		
	RM1: LEVEL 2	BAG/FITNESS	RM1: LEVEL 3	RM3: LEVEL 1		
		BRAZILIAN JIU-JITSU	RM 2: LEVEL 4	BRAZILIAN JIU-JITSU		<b>Corporate Team Building</b>
7:00 - 8:00 PM	BAG/FITNESS	RM3: LEVEL 1	BAG/FITNESS	BAG/FITNESS		<b>Law Enforcement</b>
	RM3: LEVEL 3	RM1: LEVEL 3	RM2: WEAPONS	RM3: LEVEL 2		<b>Military</b>
	RM1: LEVEL 4			RM2: GROUND		<b>Security</b>
8:00 - 9:00 PM	RM3: LEVEL 1 & 2	RM3: LEVEL 2	RM3: LEVEL 2	RM3: LEVEL 1		<b>Seminars</b>
						<b>Women's Self Defense</b>
						<b>CALL TO SCHEDULE YOUR EVENT TODAY!</b>

Youth KMX is for students 8 - 13 years of age only: **Class is 45 minutes in length** \* Saturday's class is 60 minutes  
 Kids KMX ...is for students 5 - 7 years of age only: **Class is 30 minutes in length.** \*\* Saturday's class is 45 minutes  
 Adult classes are 1 hour in length. For ages 13 years & older.

All minors MUST have a waiver signed by a parent or guardian to participate  
 RM1-3 represent the Room number for classes  
 All classes and/or Instructors are subject to change

Get in SHAPE & Go Home SAFE

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