

# Lima's Tae Kwon-Do

306 Winthrop Street • Taunton, MA 02780 (508)880-3450  
www.Limastaekwondo.com



## K A R A T E

# January 2020

### January Birthdays

### Happy Birthday

- 1/05 Devante Hrovat-Afonso
- 1/06 Caroline Leitao
- 1/06 Leellen King
- 1/08 Charlie Taylor
- 1/08 Nathan Gorman
- 1/12 Damian Young
- 1/15 John Serhal
- 1/18 David Young Jr.
- 1/20 Dina Rocha
- 1/21 Avery Reese
- 1/24 Evan Machado
- 1/26 Kyrie Fernandes
- 1/27 Bentley Reis

### Event/Activities:

#### January 06 –07

Parents Work Out Side by Side with their Child

#### January 09

Meeting with parents for the Black Belt training Cycle 7:00 - 7:30PM

#### January 13

Krav-Maga Buddy Day

#### January 14

Y/A & Adults Musical Form Kamas

#### January 16

Advanced Sparring open to all Y/A 8-12 years old

#### January 20

Martin Luther King Day

#### January 22

Dragons & Rangers Buddy Day

#### January 23

Young/Adults Buddy Day

#### January 29 - 30

Tip - Test

| Sunday                  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY | SATURDAY  |
|-------------------------|---|--|--|---|--------|---|
| T-Shirt Week            |   | <b>Parents Appreciation Month</b><br>See the front Desk to Sign-up | 1<br>  | 2<br><b>First Day Back</b><br>Start Your New Year Resolution! | 3      | 4   |
| 5<br>T-Shirt Week       | 6<br>Parents Work Out Side by Side with their Child | 7<br>Parents Work Out Side by Side with their Child                | 8<br>Storm / Swat Meeting<br>730 - 8:30 PM                 | 9<br>Meeting with Parents for the Black Belt training Cycle   | 10     | 11  |
| 12<br>Full-Uniform Week | 13<br>Krav-Maga Buddy Day<br>6:30 - 7:30 PM         | 14<br>Y/A & Adults Musical Forms Challenge                         | 15   | 16<br>Advanced Sparring open to All Y/A 8-12 Years old        | 17     | 18<br><b>Black Belt Club Seminar</b><br>All Rank All age<br>11:00 - 12:15PM |
| 19<br>T-Shirt Week      | 20<br>Martin Luther King Day                        | 21   | 22<br>Dragons & Rangers Bring Buddy to take Class with you | 23<br>Young / Adults Bring Buddy to take Class with you       | 24     | 25  |
| 26<br>Full-Uniform      | 27  | 28   | 29<br>Tip-Test   | 30<br>Tip-Test  |        |   |

# Happy New Year!